

BOROONDARA

Bicycle Users Group

Newsletter July 2005

Boroondara BUG meetings are held on the 2nd Wednesday of each month, except January. Next meeting: 7.30pm Wednesday 13th July, at the Swinburne Hawthorn Campus in room TD244. The TD building is between Park and Wakefield Streets.

The Boroondara BUG is a voluntary group working to promote the adoption of a safe and practical environment for commuting and recreational cyclists in the City of Boroondara. We have close links with the City of Boroondara, Bicycle Victoria, Bicycle Federation of Australia and other local Bicycle Users' Groups.

Boroondara BUG has a web site at <http://home.vicnet.net.au/~bdarabug/boroondarabug.htm> that contains interesting material related to cycling, links to other cycle groups, recent Boroondara BUG Newsletters and breaking news.

We also have two Yahoo Groups:

Send a blank e-mail to BoroondaraBug-subscribe@yahoogroups.com to receive this monthly newsletter and occasional important messages.

Send a blank e-mail to BoroondaraBugDiscussion-subscribe@yahoogroups.com to monitor or join in an ongoing discussion of bike related issues both local and general.

All articles in this newsletter are the views and opinions of the authors and do not necessarily represent the views of any other members of Boroondara BUG. All rides publicised in this newsletter are embarked upon at your own risk.

Features

The Great Tassie Bike Ride, *continued*

John Markham is a veteran of many BV Great Rides who, after a hard day's riding, still finds the time and energy to keep a very detailed and reflective journal of his experiences. He has kindly agreed to share his account of the 2005 GTBR with readers of this newsletter. This is the second instalment. Ed.

Tuesday 8th February _ Tullah to Strahan, 85kms

The fine weather had ended the previous evening when clouds and light rain came in from the north-west, a most unusual direction. Rumours had spoken of some strange cold fronts that would move in from the west and strike the coastlines of south-eastern Australia. Tasmania's summer had been a poor one. The day started with a ferociously steep climb of 300m through dripping rain forest beneath Mt Murchison, the tallest peak on the west coast. A mirror image drop on the opposite side ended in the streets of the mining town of Rosebery. It was a cold damp morning and every cafe in the town was crowded with cyclists.

After Rosebery you enter the mining region of the west coast. Copper, tin, lead, silver and gold have been essential ingredients in the history and wealth of the region for over one hundred years and everywhere signposts and buildings sport names famous on stock exchanges and in the business pages of the media. Little of this wealth reflects in the towns. There is a characteristic hill-billy ambience throughout the entire region which isn't even picturesque. The main street of Zeehan has a small but handsome collection of historic buildings including the legendary Gaiety Theatre. The Zeehan School of Mines is a small modest building fronting directly onto the main street that nevertheless educated and trained an entire generation of the mine managers who pioneered today's giant companies.

After Zeehan the loneliness of the west coast seeped in with the cold and the drizzle. The mountains and the forest fell away and the road entered a barren region of flax marsh, thin banksia woodland and low scrub-covered coastal hills of rotten granite and poor calcareous soils. From a lookout a few kilometres from the ocean the road took a final drop to the tea-coloured Henty River and the great legendary dunes backing the beach. A squall came in suddenly from the ocean. Having struggled for a long tiresome day to keep dry and warm I ended the ride pushing through a hail storm and entered Strahan in rain. It wasn't until later in the evening when the skies broke out into a lovely rich orange and yellow sunset that I began to see some potential in Strahan as a suitable place for the end of a long journey.

Wednesday 9th February

A rest day on the ride. Strahan has nothing approaching the wealth of activities and sights of Queenstown (NZ). It is very quiet and small, set on the landward shore of Macquarie Harbour like a village on the Gippsland Lakes. It does have an impressive range of accommodation, from backpackers hostels and budget-priced caravan parks where fishermen and their families would be quite happy to scuff about to a number of elegant boutique hotels set beneath huge European trees in the beautiful grounds of old mansions.

The town centre straggles along the shoreline of Risby Cove starting with a cluster of historic buildings that include the superb post office and customs house, handsome buildings that reflect Strahan's prosperous optimistic past. Waterfront sawmills, boat builders and woodworking studios have bundles of huon, sassafras, celery top and other precious timbers gently weathering in covered stacks waiting to be machined and polished into their characteristic glowing beauty. You were free to wander about and touch these beautiful timbers.

Nearby, the fisherman's co-op had a chippies on site packed with cyclists. I had a cheap simple lunch of fresh butterfish in a superb beer batter poised deliciously between moistness and crispness, a twist of lemon, scalding hot chips and an ice cold Cascade Light, the sort of lunch you would kill for.

Then comes a long foreshore of teatree scrub, reedbeds, tiny creeks and walking tracks. On the inland side of the foreshore road an eclectic line of modern homes and hotels and traditional Tasmanian villas that once housed the prosperous middle-class of old Strahan. The historic public gardens of People's Park led off into the dense bush behind the town. I came to Regatta Point at the end of the foreshore in time to see the West Coast Wilderness Railway leaving for its spectacular journey along the King River to Queenstown.

Macquarie Harbour is a handsome stretch of inland water, a place hugely popular with boating and fishing enthusiasts. Dinghies, yachts, ketches, launches, even the odd seaplane, are tied up at numberless small jetties pushing through the scrubby foreshore into the tea-coloured water. It is the only shelter for shipping along the entire west coast of Tasmania, some 600kms of the loneliest and most treacherous seas and coastline imaginable. Getting to the harbour from other places is a considerable challenge in seamanship.

Strahan is also the only place on the west coast where you can get easily to the ocean from the land. A metalled road of coarse white granite crush leaves from the edge of town and crosses a dry expanse of heath and sand-hills that separates the harbour and the sea. The surface of the road reflected the heat and light of the early afternoon sun. The beach is spectacular more than appealing. It is flat and hard and khaki coloured, the sea and the surging breakers are brown with tannin from the great rivers pouring out from the heritage forests of the south-west. To the north a mountain range pushes into the sea ending the smooth 40km sweep of beach. I passed a lazy hour of cycling along the beach enjoying the warm ocean breezes and the feel of the hot sun.

In spite of its small size the town has been at the heart of Tasmanian history and culture. It started with the penal settlement of Sarah Island, the most brutal such place of the time where the worst convicts from Port Arthur were sent as forced labour to harvest huon pine. The present day town was founded in the 1880s in response to the mining boom of the west coast. Tramways carried ores and timber down to the port that exploited the deep waters off Regatta Point. Then came the hydro-electricity boom of mid-20th century. Growth and development seemed unstoppable until the last wild rivers came under threat from colossal impoundment schemes and public attitudes suddenly turned. Strahan then became the base for political activism and global conservation issues. Now with quieter times it thrives on leisure and lifestyle and on tourism based on the vast heritage forests, the wilderness and the breathtaking scenery of the south-west.

Thursday 10th February _ Strahan to Lake Burbury, 64kms

There were four days to get from the west coast across the centre of the island to Hobart. We turned our backs on the coast and pushed on into a region of steep forested ranges and pedalled relentlessly uphill to the scrubby plateau and the famous acid-scorched hills of Queenstown.

Queenstown is an industrial site set in the middle of a wilderness, a stark joyless place dominated by the smelter, its chimneys and giant power lines and encircled by barren hills. The parts of the town we saw screamed poverty but the mine is one of the richest in the nation. I daresay both miners and company make their money and leave - good old-fashioned resource exploitation.

The road out of the town is cut into the raw rock of the blighted hills and being forced to walk because of the steepness there was the opportunity to study the geology. The rocks that glow orange in the sunsets of the west coast close up are an astonishing range of colours, as various as those in a souvenir bottle of coloured sands. Water cascading over the bare rock is remarkable for its clarity, like liquid crystal, but is so poisonous with acid leached from the rock that not even bacteria can grow. Queenstown is a compelling gritty place, not easily forgotten.

The road climbs quickly to a saddle above the town that eventually connects to Mount Lyell and the open cast mine that sustains the town, and many shareholders besides. There was a satisfying downhill glide from the saddle past the near deserted

mining village of Gormanston into the wide basin of Lake Burbury. Rimming the basin are the ancient mountain ranges of the west coast formed by both ice and fire: glaciers and volcanoes. It was a cool afternoon with low grey clouds that threatened drizzle clinging to the surrounding peaks. The riders were well spread out so the road around the lake had a particular loneliness. I was pleased to get into the evening campsite with its crowdedness and bustle. The sun emerged later but did little to soak up any moisture from the mossy floor of the camping ground. It was not a brilliant place to camp. It was strangely isolated on a promontory pushing into the impounded waters of the lake and backed by the first reaches of the heritage forests but it was the last place of refuge for a very long while.

To be concluded next issue.

General News

Stonnington Bicycle Strategy

Our neighbour, the City of Stonnington, is seeking comment from the local community regarding its draft bicycle strategy. Boroondara's border with Stonnington runs along the Gardiners Creek Path and no doubt many of our readers cycle in Stonnington.

This is your chance to have input into the development of a bicycle network in Stonnington that considers all existing and potential bicycle users. The bicycle strategy can be viewed on-line and at Stonnington Council libraries and Service Centres. Comments are invited until 29 July 2005. See <http://www.stonnington.vic.gov.au/news/latestnews1/bike> for more.

City of Melbourne - \$900K in bike budget

In the Council's 2005/06 budget \$900,000 has been allocated for constructing a bicycle path on Northbank and a bridge over Manningham Street on the Capital City Trail in Parkville.

The above item is reproduced from the Port Phillip BUG newsletter.

Yarra Riverkeeper Association

The newly formed "Yarra Riverkeeper Association" (YRKA) is a community-based organisation, which aims to protect and restore the Yarra River and its tributaries, from source to mouth.

There are many community groups linked with the Yarra, but many of these groups are linked with only one section of the river. The founders of YRKA believe that it is important to consider the river system as a whole. It is their intention to bring together the knowledge and interests of community stakeholders along the full length of the Yarra, and in order to achieve this goal they must build relationships with these stakeholders, including bicycle user groups and bicycle clubs.

Nick Abrams is the Lower Yarra River Representative, email: loweryarra@hotmail.com

New Cycling Program on TV

Those of our readers who can receive Channel 31 may like to check out a new cycling program with a local flavour on Tuesdays at 6.30pm. The title is *The Gooch*.

Thanks to Jason den Hollander for this information.

Tour de France TV Coverage

The biggest annual sporting event in the world returns to SBS television screens from Sunday 3 July 2005 at 1.00 am. SBS will broadcast every stage of the Tour, LIVE. The SBS commentary team will be lead by Phil Liggett with former Tour rider, Paul Sherwen, and SBS resident cycling presenter, Mike Tomalaris.

Complementing the nightly highlights programme at 6:00pm, SBS will also broadcast all of the 21 Stages of the event.

With the recent performances of Australian riders, Australia is now one of most successful and highly represented countries in the Tour de France. In fact, the Aussie line-up for this year's Tour is likely to include such stars as: Baden Cooke, Allan Davis, Cadel Evans, Robbie McEwen, Brad McGee, Stuart O'Grady, Michael Rogers and Matt White. However, everyone will no doubt be watching Lance Armstrong as he rides his final Tour and makes a bid for his 7th consecutive win.

A list of viewing times (EST) for SBS coverage, assuming that coverage goes to station close time follows. You may notice a shortening of some nights' coverage due to Ashes coverage.

Wed 6/7: STAGE 5 10:30pm- 01:45am Station Close

Thurs 7/7- STAGE 6 10:30pm- 01:40am Station Close

Fri 8/7- STAGE 7 11:00pm-01:45am Station Close

Sat 9/7 - STAGE 8 10:30pm-01:30am Station Close

Sun 10/7 - STAGE 9 09:30pm-12:50am Station Close

Mon 11/7 - Rest day 06:00pm Highlights STAGE 9
Tues 12/7 - STAGE 10 11:00pm-01:40am Station Close
Wed 13/7 - STAGE 11 10:00pm-01:25am Station Close
Thurs 14/7- STAGE 12 10:00pm-01:00am Station Close
Fri 15/7 - STAGE 13 11:00pm-01:45am Station Close
Sat 16/7- STAGE 14 10:30pm-01:20am Station Close
Sun 17/7 - STAGE 15 09:30pm-01:35am Station Close
Mon 18/7 - rest day 06:00pm Highlights from the 2005 Tour De France, Stage 15
Tues 19/7 - STAGE 16 11:00pm-01:35am Station Close
Wed 20/7 - STAGE 17 10:30pm-01:30am Station Close
Thurs 21/7 - STAGE 18 11:10pm-12:30am
Fri 22/7 - STAGE 19 11:10pm-02:30am Station Close
Sat 23/7 - STAGE 20 11:10pm-02:30am Station Close
Sat 24/7 - FINAL STAGE 11.10pm

Thanks to David Leong for these details.

News from Neighbouring BUGS

Yarra BUG Online Forum

YarraBUG now has an online forum at: <http://yarra.net/forum/viewforum.php?f=8>

All cyclists are invited to register and chat about cycling and related issues. Remember, the more people use this forum, the more interactive and useful it will be for everyone. And it's free!

Boroondara News

Integrated Transport Strategy

After a delay of well over a year it seems that the Integrated Transport Strategy (ITS) is once again on the Boroondara Council's agenda. The long-awaited draft report should be made available to the public in about 2 months' time and there will then be a period of 4-6 weeks for public comment. After this the final report will go back to Council for approval and for the allocation of funds for its implementation. Boroondara BUG members participated in focus groups and community consultations on the ITS and followed up with a written submission so we will be keen to see if the draft report reflects this input accurately. Watch the *Progress Leader* for further information.

Hawthorn and Victoria Bridges

The Boroondara BUG has been lobbying for over two years for shared footways on the Hawthorn and Victoria Bridges. These bridges provide the only access from Hawthorn to the Main Yarra Trail and are also important commuter routes. But they are both too narrow and busy for many cyclists to feel safe riding across them on the road, and have squeeze points on the Hawthorn side that are daunting even to regular road riders. At least one rider has had a fall riding on the road and getting caught in the gutter. Hopefully, with the agreement of Yarra Traffic staff now secured, the shared footways will be signed in a couple of months' time.

Some improvement to road quality and safety has been carried out in the vicinity of the Bridge Road bridge over the Yarra. Since the last newsletter, the edge of the eastbound carriageway (where it meets the guttering) has been re-surfaced reducing the danger of the pinch point between the footpath and the tram stop. Previously, the interface between the road and the gutter had been badly broken up, creating a hazard for cyclists.

Thanks to Malcolm Faul for the information about road improvements.

Improvements to Bike Paths

On a ride today that included sections of the Main Yarra Trail and Outer Circle/Anniversary Trail I was pleased to see some very recent improvements to two sections of bike path. The first was on the nameless path that links the Main Yarra Trail and the Outer Circle paths via Hyde Park. Here most of the path had been realigned, widened and resurfaced in bitumen with new ramps at the road crossings. Only the short section at the Outer Circle end remained to be done. Hopefully when these works are completed signage will be erected to alert people to this useful link, which is much pleasanter than the alternative route alongside the Chandler Highway. The other section of new track spotted was on the Anniversary Trail between Mont Albert and Canterbury Roads.

Julia Blunden

Events

Community Festival Saturday 9th July

The Augustine Centre in Minona Street, Hawthorn, where the Cycling Promotion Fund is based, is having a Community Festival on Saturday 9 July, 12-5.30pm. The Boroondara BUG has been invited to join the CPF stall, and will be represented by at least two members. There will be kids' workshops (including kids' colouring competitions of bikes and bike prizes), soup, a book sale, poetry readings etc. etc.

MBTC Lunch

Greetings fellow cyclists.

A reminder that the next MBTC lunch is next Tuesday 19th July, at 12.30pm, at the Starpark Cafe, 733 Burke Road, about 50 metres north of Camberwell Junction, just south of the Commonwealth Bank. All welcome. If you don't know what an MBTC is this is your opportunity to find out.

According to President Fred: "Starpark Cafe is a relaxed, friendly and very reasonably-priced venue which offers a delightful range of food to suit all tastes - including breakfast all day!" If you're coming, please let Fred know <fsurr@melbpc.org.au> so he can book an appropriate sized table.

See you there.

Phil Crohn

Boroondara BUG News

Minutes of Boroondara BUG Meeting 6.30pm Wednesday 8th June 2005

Held at Swinburne, Hawthorn Campus, Room TD244

Present: Phil Crohn, Jason den Hollander, Graham Ellis, Gordon Macmillan, Malcolm Faul, David Leong, Marion Green, Julia Blunden

Apologies: Graeme Stone, Tim Connors

Correspondence:

1. GS received a letter from Scott Lipscombe who reports to Jim Hondrakis at BCC. This stated that various PBN signs and symbols would be fixed as agreed with BBUG but made no mention of Union Road. GS has requested a wider SBPL on Union Road.
2. Letter received regarding an Effective Communications workshop on Tuesday 21st June. This workshop could be of relevance for BBUG members.

Business Arising

Hawthorn and Victoria Bridge Shared Paths: JB to ring Richard Smithers regarding these before any letters sent. MF to pursue the issue of the gutter on Hawthorn Bridge with VicRoads. VicRoads have proposed grinding down the edge of the road whereas part filling of the gutter would be a more satisfactory solution.

Main Yarra Trail between Chandler Highway and Pipe Bridge: JD reported that Yarra Bend Trust has applied to Parks Victoria for funding for the design of the new track as advised. JD reported that the pipe on the Pipe Bridge falls under the jurisdiction of Yarra Valley Water but he has still not been able to find out whether it is still in use.

Landscaping of Burwood Road from the Tower Hotel to Burke Road: GS rang Adam Hall regarding this and was told that the BBUG's concerns would be passed on to the appropriate person. GS has so far heard nothing further. GS also spoke to Alex Rigo at VicRoads and was told that pedestrian lights were to be installed near the Tower Hotel. GS was to follow up on this. As to the issue of cyclists riding round into Camberwell Road being in danger from motorists continuing straight ahead

along Burwood Road, BBUG needs to do a submission to VicRoads proposing both a warning sign and the green bike lane treatment. JD has agreed to prepare a diagram showing our recommended treatment.

Web Site: JD reported that Cycling Forums have agreed to sponsor us for a free, unlimited web site and to register our new address. The address agreed on was boroondarabug.org JD will organize the transition which should be transparent to users. The old Vicnet site will be retained for about a year so that people can be redirected to the new site.

New Business

Monash BUG: GM reported briefly on the demise of this BUG and the reasons for this. The moral seemed to be to keep up the supply of food at meetings!

Glenferrie Road: As part of works in progress between Barkers Road and Burwood Road bike logos are being dug up. We need to keep a watch to see that they are repainted when works are completed.

PBN: GS has suggested a letter thanking council for the new PBN bike lanes and detailing a few additional improvements still needed.

BCC Policy on Repair of Potholes: GE pointed out that BCC has a declared policy of rapid, ie 24 hour, response when dangerous potholes are reported on roads. He suggested we consider pushing for a similar policy for bike tracks.

Map of Bike Facilities in Boroondara: JD brought copies of his map for inspection. PC pointed out that some train stations were missing. JD requested that BBUG members present send him suggestions for additions to the map.

Bicycle Advisory Committee: JB suggested that it is time to renew the push for a BAC. It was agreed that JB should follow up with BCC regarding the progress of the Integrated Transport Strategy and email details of this and of the proposed BAC to PC. PC agreed to contact his new ward councilor, Dick Menting, and invite him to a BBUG meeting to fill him in on this issue. DL suggested that at least two BBUG members, possibly GS and JB, should seek a meeting with Jim Hondrakis for the same purpose.

New Members: Methods of attracting new members proposed included the following:

- Try to organise a guest such as a councillor perhaps every second meeting and advertise this when newsletter sent out
- Advertise the meal at the Sara Bistro when the newsletter is sent out prior to each meeting
- JD to design business cards for approval at our next meeting; members then to hand these out at every opportunity
- Stick a sign up downstairs in TD building each month directing people up to the meeting room

Contacts for Rides

There are many BUGs, clubs and other organisations, several of them local, which organise rides. Below are some of their contact details. At the end of this newsletter is a separate section with details of many of their forthcoming rides.

Camberwell Downhill Gourmet Bike Riders: contact Elva Parker, phone: 9836 6392

Boroondara Bushwalkers: contact Julia Blunden, phone: 9853 5095, e-mail: jblunden@bigpond.com; web site: www.keypoint.com.au/~bbwinc

Hawthorn Cycle Tours: contact Hawthorn Aquatic and Leisure Centre, phone: 9815 0988; e-mail: lexbishop@bikerider.com; website: <http://www.geocities.com/perften/Hct.html>

Council on the Ageing (COTA) Cycling Group: contact Janet Bennett, e-mail: janpeter@bigpond.net.au or COTA, phone: 9654 4443.

Knox Bicycle Touring Club Incorporated, email: Email: Mikeaatleisure@aol.com Web site: home.vicnet.net.au/~knoxbike

Manningham BUG: e-mail: seball@netlink.com.au, H.Edwards@bom.gov.au; web site: www.vicnet.net.au/~mannbug

Maroondah Bushwalking Club: to obtain details of how to book on a walk and a copy of the current walks and activities program Contact **information officers:** Sandra, phone: 9728 3833; Aileen, phone: 9876 1104; web site: home.vicnet.net.au/~mbush/

Whitehorse Cyclists: e-mail: ejhopper@vicnet.net.au; web site: <http://www.whitehorsecyclists.org.au/>

Darebin BUG: Rides and Events Coordinator, Doug Morffew, phone: 9499 7325 (AH), email: dougmorf@alphalink.com.au Download the [Darebin BUG rides flyer](#), with details of rides. (Word doc); web site: www.darebinbug.org.au

YHA: contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

Melbourne Bicycle Touring Club: contact Touring Secretary, Dave Cash, phone: 9817 3269, or e-mail info@mbtc.org.au (Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!) Web site: mbtc.org.au

Boroondara BUG Contacts:

Convenor:

Graeme Stone, 16 Jervis Street, Camberwell VIC 3124.
Phone: 9889 5426
e-mail: graeme_stone@optusnet.com.au

Webmaster:

Jason den Hollander
email: communic8@iprimus.com.au

Newsletter editor:

Julia Blunden, phone: 9853 5095
e-mail: jblunden@bigpond.com

Other Contacts:

Phil Crohn: philcrohn@ozemail.com.au
David Leong: leongd@anz.com

Boroondara Bicycle Users Group

Membership Application Form

Name: _____

Address: _____

Postcode: _____ Member of Bicycle Victoria? Y / N

Phone: (H): _____ (W): _____

e-mail: _____

Membership requires a one-off payment of \$10 per household. There is an additional charge of \$10 per annum for delivery of a hardcopy newsletter. Please send cheque (made out to *Graeme Stone*) along with this form to: Graeme Stone, 16 Jervis St , CAMBERWELL, VIC 3124

Past and Forthcoming Rides

Camberwell Downhill Gourmet Bike Riders

Camberwell Downhill Gourmet Bike Riders

June Ride - Report on CDGBR Queens Birthday Weekend at Bairnsdale

On Saturday twelve eager riders and one walker were disappointed in not being able to ride alongside the Mitchell River to the Silt Jetties as the rain had finally arrived in Bairnsdale. Instead it was a mad rush to reload the cars with bikes and head back to our accommodation. While some did a Ågdrive byÅh to see what they had missed out on, others entertained themselves playing cards, scrabble or just reading the papers. We eventually all met up for dinner at the RSL which was very nice and very reasonably priced.

Sunday was a much better day with clear skies, warm sunshine and just a very slight breeze. This time we were joined by our Bairnsdale member, Dawn, as riders and walker, Bev, set off towards Bruthen, (69ks return). Our first stop was at Nicholson River where we farewelled two riders who were not going on. It was a lovely ride along the Rail Trail which had a perfect surface after all the rain. There were a couple of little inclines along the way which we appreciated on the return trip but on the whole it was mainly flat. Apart from a group of horse people, three families either riding or walking and the odd cyclist or two, we had the trail to ourselves. Lunch was at Bruthen and the bakery certainly did a good trade selling their hot country-made pies, cakes and hot coffee. It was during lunch that John and Bruce of our group, who had started earlier by riding to Nowa Nowa joined us - their ride was a total of 115ks on the day. After lunch we all rode back to Bairnsdale with the last rider arriving just after 5pm. After a welcome shower we all met up for dinner at the Italian Australia Club. Again we enjoyed a varied menu which was reasonably priced and if you found anything inedible in your meal, it was free!!!

Monday the group had lessened with some returning early back to Melbourne but six riders and one walker rode or walked approximately 18km alongside the Mitchell River and back into Bairnsdale Township. We rode on the bike path on the north side of the Mitchell River heading west, then crossing over to the south side until the path finished. We then turned back and rode through some side streets observing the old and new homes before meeting up with the bike path which took us back into the township where in the true style of our name, we enjoyed an early lunch at one of the nicest bakeries in Bairnsdale.

After the dismal start to our long weekend, it turned out to be a lovely weekend - the best way of getting to know each other better and a wonderful way to escape the bike paths of Melbourne and see a part of Victoria which only our forefathers had seen by train.

Thanks David for your time and effort in making this experience such a success.

Thanks to Geraldine for this report.

July Dinner: Revised Date - Friday 15th

Given that school holidays affect some people Elva has suggested that the dinner be put back 1 week to Friday 15th, still at AndiamoÅfs, Evans Place, Camberwell for 7pm. [Mel 45 H 12]

Please advise Elva [9836 6392] by Monday 11th July as to whether you will be attending.

Next Ride: Sunday 17th July 2005

THE RIDE: Ashburton to Darebin (or Riversdale) Railway Station via Upper Gardiners Creek Path and Koonung Creek Trail. Based on JuliaÅfs ÅgBike Rides Around MelbourneÅh, Ride No. 18, page 108.**MAPS:** Melway 60, 61, 47, 48, 32 and 31.

WHERE: Meet at Ashburton Railway Station, west side, at 9.45 for 10.00am departure. (Ashburton has good parking).

DESCRIPTION: Approx 35km (to Darebin or Riversdale). An easy ride mainly on shared paths but with some road links. Follows many parklands along Gardiners Creek, Blackburn Creeklands and Koonung Creek Trail (Eastern Freeway Path) and then to the Yarra Trail at Burke Rd. The ride continues on the north side of the Yarra to the Boulevard and to Darebin Railway Station.

The riders on the day can choose to ride as above or select an option below:

OPTION 1: At Bulleen Rd on the Koonung Trail one option is to ride the marked Bike Lanes on Bulleen Rd to Doncaster Rd and then use Severn St, local streets and the Anniversary Trail to Riversdale Railway Station, hence train or ride back to Ashburton.

OPTION 2: Continue on the Koonung Creek Trail to Burke Rd, hence to Hays Paddock, Stradbroke Park and the Anniversary Trail to Riversdale hence train or ride back to Ashburton.

REFRESHMENTS: Some [opportunities to buy](#) at Blackburn Shops near Railway Station [or BYO](#) for early lunch at Blackburn Lake.

CDGBR Program for 2005

Ride Dates for 2005: Sundays: 17/7, 21/8 _ John; 11/9 _ Val & Joe; 16/10 _ David & Geraldine; 20/11 _ Alan, Lee & Geraldine

Dinner Dates: Fridays: 15/7 (revised date), 25/11 (End of year Dinner).

Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website: <http://www.geocities.com/perften/Hct.html> or e-mail: lexbishop@bikerider.com

Sassafras Ride

Every Sunday all year. Starts at "Bike Life", 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70 kms from Hawthorn to Sassafras return (includes the 7 kms 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Caf_ "Ripe", 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melways Ref. Map 66 F9.

Council on the Ageing (COTA) Cycling Group - Rides Program

Council on the Ageing members have started a cycling group for people who want to ride more and learn more about their bikes and riding, as well as for people just getting started.

Plans for Seniors Bike rides in 2005

We will ride 4 Wednesdays in the month .We will meet at 10am at the place specified. If the weather forecast for the day, published the evening before, is 31°C or above the ride will start at 8am and conclude by 12midday. Every effort will be made to find a coffee stop midmorning! We will generally take our own lunch and picnic together. Some rides are on rail trails or roads in the country and the starting times for these rides will be specified, if different. Riders are welcome to join the ride along the way if it is closer to home. Please contact Janet Bennett on 9853 9808 to discuss any details.

The 1st and 3rd Wednesday rides will be reasonably short, approximately 30km. The details of these rides will be decided on the morning with the group, at the listed starting point.

The 2nd and 4th Wednesday rides will be more challenging, approximately 50- 60km, and are detailed below.

All riders are encouraged to join Council on the Aging (COTA). We also recommend that riders consider joining Bicycle Victoria for the insurance and service they offer.

Program July _ December 2005

Abbreviations for the ride grades are #easy *medium !hard ^hills.

Date	Place to meet	Description	Grade
July 13 th	Glen Iris Bowls club MEL 59 G6 or train to Gardiner Station.	Ride the Merri Creek Trail/ Western Ring trail/ Plenty River Trail and return, approx 60km.	! some ^
July 20 th	As above	We will choose a 30km circuit to ride on the day.	#

July 27 th	As above	We will ride the Gardiners Creek trail and the Koonung Creek trail via Blackburn lake and then the Main Yarra trail, approx 50km.	*
August 3 rd	Yarra Boulevard, junction of Main Yarra trail and Gardiner Creek trail MEL 59 B1 (near St. Kevin's boathouse) or ride from Flinders St. station.	We will choose a 30km circuit to ride on the day.	#
August 10 th	Elgar Park carpark (enter from Elgar Rd.) MEL 47 C4. Nearest railway station is Mont Albert.	Koonung Creek trail to Blackburn Rd. then on road riding to Mullum Mullum trail and Beasley's nursery. Return via Main Yarra trail. Ride approx 40 km.	*
August 17 th	Yarra Boulevard, junction of Main Yarra trail and Gardiner Creek trail MEL 59 B1 (near St. Kevin's boathouse) or ride from Flinders St. station.	We will choose a 30km circuit to ride on the day.	#
August 24 th	Elgar Park carpark (enter from Elgar Rd.) MEL 47 C4. Nearest railway station is Mont Albert.	Koonung Creek trail, Main Yarra trail, Light rail trail to Port Melbourne and return, approx 50km.	*
August 31 st		No Ride	
Sept. 7 th	Jell's Park East, MEL 72 A6, car park 5 or ride there from Glen Waverley station.	We will choose a 30km circuit to ride on the day.	#
Sept. 14 th	As above	We will ride the Upper Dandenong Creek and Blind Creek circuit with an extension to the end of the Dandenong Creek, approx 50km.	#
Sept. 21 st	As above	We will choose a 30km circuit to ride on the day.	#
Sept. 28 th	As above	We will ride the Lower Dandenong Creek Trail to Carrum and return, approx 60km.	# with some gravel.
Oct. 5 th	Westerfolds Park, Anderson St. carpark, MEL 33 F3. There is no train station nearby.	We will choose a 30km circuit to ride on the day.	#
Oct. 12 th	As above	Westerfolds via Eltham to Diamond Creek and return and extension along Main Yarra Trail, approx 50km	* with some ^.
Oct. 19 th	As above	We will choose a 30km circuit to ride on the day.	#
Oct. 26 th	Carpark on the Strand, Williamstown, MEL 56 C4 or ride from Newport station to the carpark.	We will ride from the carpark along the beaches in Williamstown and Altona to Point Cooke Coastal Park, approx. 60km.	* but with wind !
Nov. 2 nd	Melbourne Zoo carpark, near Royal Park railway station, MEL 29 E11	We will choose a 30km circuit to ride on the day.	#
Nov. 9 th	As above	Moonee Ponds Creek trail to the Western Ring rd trail and return via the Merri Creek trail, approx. 50km.	*
Nov. 16 th	As above	We will choose a 30km circuit to ride on the day.	#
Nov. 23 rd	Meet at Southbank footbridge MEL 43 G10 at 9.30. Nearest railway station is Flinders St.	We will ride to the COTA AGM starting at 10am., lunch in the city and then ride a circuit of the Capitol City trail approx. 30km.	#

Nov.30 th		No Ride	
Dec. 7 th	Meet at Southbank footbridge MEL 43 G10 at 9.30. Nearest railway station is Flinders St.	We will choose a 30km circuit to ride on the day.	#
Dec.14 th	Drysdale Historic Station carpark MEL 238 C11 or 456 F12 after 2002!. There is no train station nearby.	We will ride a circuit of the Bellarine Peninsula _ Drysdale, Portarlinton, Queenscliff, Pt. Lonsdale and return, approx 50km.	*
Dec.21st	Meet at Southbank footbridge MEL 43 G10 at 9.30. Nearest railway station is Flinders St.	Christmas Ride. We will ride from the meeting place to Fairfield boathouse for lunch and return to the city.	

Darebin BUG

Darebin BUG runs rides of distances approximating 10-20km every Monday, 40-60km on Tuesdays and up to 90km on Thursdays and a variety of rides of various lengths on weekends.

The **DBUG Rides Planning Committee** is looking for people who are interested in arranging and leading a ride, or in gaining leadership experience by co-leading a ride. Ride dates, suggestions and leaders should be coordinated through the Rides Coordinator. Please contact Doug on 9499 7325 / 0409 956 913 with your ideas.

Next Rides Planning Meeting: Wednesday 10th August, 7.30pm. All welcome.
Contact Doug for details: 9499 7325

Unless otherwise stated, our rides meet at **Jika Jika Community Centre**, corner Plant & Union Streets, Northcote near Westgarth train station.

For information about any of these rides, contact the Rides and Events Coordinator, Doug Morffew
AH 9499 7325 dougmorf@alphalink.com.au

Download the [Darebin BUG rides flyer](#), with details of these rides. (Word doc)

Please note all rides are free to anyone who would like to participate. After the third ride you take part in, we will invite you to join the BUG. Some rides need train tickets, these are to be bought by the participant. A first aid kit is carried on each ride and emergency contact numbers are taken prior to the start of the ride. Darebin BUG has public liability insurance - please note this **does not** cover you or your bike. If that is something you're concerned about then best become a member of Bicycle Victoria so you will be covered by their insurance. In the case of an emergency, ride leaders will call an ambulance if required. The ambulance will charge the injured person, not the BUG. This can be very expensive, so it is wise to consider taking out ambulance membership.

Monday Rides for Beginners

And those looking for short easy rides. Travel local bike paths around 10-20km. For more information, call 9481 8853.

Tuesday & Thursday Rides

Both are social rides largely on bike trails that conclude around 4 pm. Bring lunch & water.

Tuesday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.45am. They vary in length from about 40 to 60 km.

Thursday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.30am sharp. Rides can be up to 90km.

Sunday Social Rides

Some for beginners, others for experienced cyclists.

3rd Sunday of the month - a diverse program, some rides local and others involving public transport.

Winter: Around the Bookshops in a Day Sunday July 17 2005

Grading: Easy
Distance: TBA

Meeting Place: Jika Jika Community Center
 Meeting Time: Meet 9:45am for a 10:00am start
 Finish Time: 3.00 pm
 Bring a cut lunch and water
 For more information ring Robin 9484 3860

Pre-Spring: Wattles and Waterways Ride: Eltham to Alphington Sunday August 21 2005

For more information ring Sean 9457 6626

True Spring: Rustic Rural Ride: Pakenham Circuit Sunday September 18 2005

For more information ring Louise 9484 3860

Sunday Morning Rides

For experienced riders.

Every Sunday, 2-3 hours riding, various distances, training for ATB.

Meet at **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9am.

Contact Yannick on 0438 785 450

Weekend Rides

Darebin BUG CUP DAY WEEK-END RIDE - Friday October 28 2005 to Tuesday November 1 2005

Four days of cycling, covering 170 km from Bairnsdale to Lakes Entrance via Nowa Nowa, riding along the East Gippsland Rail Trail and Gippsland Lakes Discovery Trail.

Contact Jo for further information: 0147 548 580

Other weekend rides are being planned. Offers to assist with planning and leading are very welcome, please contact the Rides Coordinator, Doug Morffew on 9499 7325 / 0409 956 913

Around the Bay in a Day 2005

Join the 100km ATB team for training at Jika Jika Community Center (corner of Young and Plant Streets, Northcote) @ 9.00 am sharp each Sunday.

See the [ATB Sunday Training Rides Program](#), for any changes contact Louise on 9484 3860.

For more details contact:

- Doug 9499 7325 regarding organizing group registration and payment with Bicycle Victoria
- Jo 0147 548 580 regarding organizing accommodation on Saturday 15 October and the DBUG jersey
- Louise 9484 3860 or Yannick 0438 785 450 for details of the ATB Sunday Training Rides Program. If you wish to be included on the ATB email and postal list, please email Louise@louisen@vicnet.net.au or ring on 9484 3860.

Manningham BUG

Rides are subject to change so always phone the ride contact close to the date of the ride to confirm details.

Mid Week Rides. There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

Rides Program

	†	GRADE	CONTACT	MEET AT
July				
Sat 16th July	Clifton Hill -Infectiously Delicious Ride A little of Merri Ck and St George's track combined- with a Cafe Quince chaser.	15km Easy	Harv 9890-8006	9:30am Yarra Bend Rd (Mel. 2D F1
Mon 18th	BUG Monthly Meeting In the Stanley Room at The Manningham Club , 1 Thompson's Rd Bulleen	†	Harv 9890-8006	8pm Mel 32 D10
August				

Sun 7th August	Beasley's to Diamond Ck & back some hills, choice of some easier options depending on the riders	Easy 30-40km	Gary 9439-5016	10am Beasley's Nursery Car park Heidelberg-Warrandyte Rd, Mel 34F3
Mon 15th	BUG Monthly Meeting In the Stanley Room at The Manningham Club , 1 Thompson's Rd Bulleen	†	Harv 9890-8006	8pm Mel 32 D10
Sat 20th August	Training Ride (Progressive Dinner Ride warm up) Start, distance and location yet to be determined!	Solid	Kevin 9842 3323	†
Sun 21st August	Training Ride (Progressive Dinner Ride warm up) Start, distance and location yet to be determined! Most likely a repeat of yesterday's ride for those that can't do Saturdays!	Solid	Kevin 9842 3323	†
Sun 21st August	Terry's Tour About 30 km, includes trails, roads, and good hills - but if the old man can do it, so can you! Might even cover areas that are new to you. Coffee at Beasleys when we finish.	Solid 30km	Terry 9848 6027	9.30am. Beasley's Nursery Car park Heidelberg-Warrandyte Rd., Mel 34F3
Sat 27th August	Woori to Warby Start Woori Yallock, 20km to Warburton for a coffee stop. Then back to Launching Place Pub for lunch (The most dangerous part of the ride.) then 5km to return to Woori Yallock. For those people with energy to burn - ride on to Lilydale and return to Woori Yallock 34kms. Ride option 1: total 40kms, Ride option 2: total 74kms.	Medium 40km _ 74km	Ann T 94597112 / 0404876156	10am Old Woori Yallock Station car park, Warburton Hwy -end of Symes Rd (To be confirmed) Mel 286E10
September				
Sat 3rd Sun 4th Sept	10th Anniversary Progressive Dinner Ride Medium thru to serious! Car backup and drive options available	40+50 / 230km	Kevin 9842 3323	Bookings essential- fills up fast
Sat 17th Sept	Eltham - Hurstbridge - Nutfield - Diamond Ck - Eltham Three short challenging hills but with lots of flat. Passes three!! coffee shops	Medium/Solid 60km	Gary 9439-5016	9.30am Eltham Lower Park Mel 21H10
Mon 19th	BUG A.G.M & Monthly Meeting The Manningham Club , 1 Thompson's Rd Bulleen	†	Harv 9890-8006	8pm Mel 32 D10
October				

Sun 2nd Oct	Lanes, Lorrikeets & Latt_s The ever popular family ride. Mostly on paths and quiet roads. An ideal introductory ride.	Easy 20km	Tracey & Steve 9894-7975	10:30am Blackburn Station (south side of the track) Mel 47 K10
Wed 5th Oct	Ride to Work Day An alternative way to get to work!	†	BV 8636 8888	†
Sat 15th Oct	Mitcham to Jell's Park Jacinta heads downhill for a change! ring for details	Medium	Jacinta 9842 3323	9:00am Mitcham station Mel 48 J9
Sun 16th Oct	Around the Bay in a Day	†	BV 8636 8888	
Mon 17th	BUG Monthly Meeting In the Stanley Room at The Manningham Club , 1 Thompson's Rd Bulleen	†	Harv 9890-8006	8pm Mel 32 D10
November				
†	Great Victorian Bike Ride 26 November 2005 to 4 December 2005	†	BV 8636 8888	†
Mon 21st	BUG Monthly Meeting In the Stanley Room at The Manningham Club , 1 Thompson's Rd Bulleen	†	Harv 9890-8006	8pm Mel 32 D10
December				
Wed 21th Dec	11th Annual Fish & Chip Ride The ever popular end of year event Be part of this institution! Lights are required for the return trip after some of the best fish and chips have been consumed	20km Easy	Harv 9890-8006	6pm Floral clock St. Kilda Rd Mel 2F H8

Interested? [Email us to find out more about the BUG](#)

Whitehorse Cyclists Inc

Rides Program

Club members.... Like to lead a ride? Click here for 66 ideas ...There are also more detailed ride lists in the members' area : New passwords will be sent around May 1				
Cycling oportunites in our area: Graeme's message board				
More cycling oportunites in our area: While Ron is overseas, Hans of Rotary Forest Hill leads an easy ride every Sunday at 8am:Contact Hans on 0419 312 866				
Do you need to be a member to join in a ride? No! Try out some rides first. Just phone the nominated leader for more details. .				
Date	Event	Distance	Grade	Contact
Thur 7 July	A Vietnamese Lunch in Richmond	42	Easy	Ken 9801 7157
Tuesday 12 July Note new time: 7.45 pm: Club Night: Club Night: Box Hill Community Arts Centre Station Street Box Hill †††Bruce 9848 4804				
Tues 12 July	Second Tuesday easy ride	45	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 14 July	Box Hill to Preston Market	42	Easy	Ken

				9801 7157
Tues 19 July	Third Tuesday easy ride	45-50	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 21 July	Camberwell Down along the Bay	50	Med	Ken 9801 7157
Sun 24 July	Progressive Luncheon	†	†	Marion 9844 2306
Tues 26 July	Fourth Tuesday easy ride	45-50	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 28 July	Launching Place to Powelltown	50	Med	Ken 9801 7157
Tues 2 August	First Tuesday easy ride	30	Easy	Ken- 9801-7157 Len- 9898-2660
Tuesday 9 August Note new time: 7.45 pm: Club Night: Club Night: Box Hill Community Arts Centre Station Street Box Hill †††Bruce 9848 4804				
Tues 9 August	Second Tuesday easy ride	45-50	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 11 August	Thursday ride	50	Med	Ken 9801 7157
Tues 16 August	Third Tuesday easy ride	45-50	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 18 August	Thursday ride	50	Med	Ken 9801 7157
Sun 21 August	Warburton Trail Working Bee	†	†	Sandra 9878 4179
Tues 23 August	Fourth Tuesday easy ride	45-50	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 25 August	Thursday ride	50	Med	Ken 9801 7157
Tues 30 August	Fifth Tuesday easy ride	45-50	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 1 Sept	Thursday ride	50	Med	Ken 9801 7157
Sat-Sun 3-4 Sept	Walhalla Weekend	50	Med/Hard	Darby 9878 3589
Tues 6 Sept	First Tuesday easy ride	30	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 8 Sept	Thursday ride	50	Med	Ken 9801 7157
Tuesday 13 Sept Note new time: 7.45 pm: Club Night: Club Night: Box Hill Community Arts Centre Station Street Box Hill †††Bruce 9848 4804				
Tues 13 Sept	Second Tuesday easy ride	45	Easy	Ken- 9801-7157 Len- 9898-2660
Thur 15 Sept	Thursday ride	50	Med	Ken 9801 7157

[Last updated 26 May 2005]

Melbourne Bicycle Touring Club

We are based in Melbourne, Victoria and conduct rides (or events) every weekend. We are a diverse collection of people with a common interest in cycling - cycle touring in particular. Please feel free to join us!

MBTC Rides and Events March 2005

Rides Program

†	JULY	†	†
Thur 7th	Leading a ride. The finer points and etiquette of ride leadership and group riding. Of interest and value to everyone.	†	John
W/E 9/10th	Avenel - Seymour. Train based. Good introduction to winter touring and bush camping. Roaring campfires guaranteed!!!	60km EASY	Leon
Sat 9th	Smith's Gully Roller Coaster. Fat tyres preferred.	42km MED/HARD	Alister
Sun 10th	Badger's Weir - Healesville loop from Lilydale	75km MED	Peter
Thur 14th	Uno Clothing. Come and see the new season's cycling gear.	†	Alister
Sat 16th	Lebanese Pizzas and Italian Ice Cream. Suburban ride taking in back streets, bike paths and FOOD.	40km EASY	Kerry
Sun 17th	Malmsbury loop via Chewton and Fryerstown. Car based.	70km HARD	David
Tue 19th	Club lunch - Camberwell	†	Fred
Thur 21st	Trip Planning	†	Alan
Sat 23rd	Donna Buang snow tour. Car based ridge ride through mountain ash forest.	70km MED/HARD	Peter
Sun 24th	Hurstbridge to Mason's Falls plus optional ride from Fido at Fairfield.	73 or 110km MED/HARD	Phil
Thur 28th	Italian night	†	Elizabeth
W/E 30/31	Archies Creek. Divine Gippsland ride, car based, pub stay (limit 12), optional beach visit.	100km MED	Glenn
Sat 30th	Fairfield East Doncaster loop, with lunch at Beasley's Nursery. Mainly trails.	55km MED	Alan
Sun 31st	Inner, Outer and Rosstown Rail Trails	35km EASY	John
Sun 31st	Bear's Head Range. Car based. MTB	50 - 60km MED/HARD	Peter
†	AUGUST	†	†
Thur 4th	Ian Christie. "Nuclear powered vegetarian bicycle design for 21st Century"	†	Margaret
Sat 6th	Moonlighting with Kerry in the Strezleckis"	75km MED/HARD	Kerry
Sat 7th	Woodend Winter Wander into the Wombat State Forest.	60km MED	Liz

For information on the above rides, please contact the Touring Secretary, Alan Hutchison, on (03) 9431 0458, or at rides@mbtc.org.au . Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!

About the Ride Gradings

Easy: Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

Medium: Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

Hard: Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

Rides Program

DATE	RIDE	Bike	GRADE	CONTACT
Sunday 3 rd July	Dandy _ Brighton with Afternoon tea at Kathy's Place	Any	Medium	Kathy
Sunday 10 th Jul	Dimmeys to DFO via Karkarook Park	Any	Easy	Paul
Sunday 17 th Jul	Belgian Beer Caf Ride	Any	Easy	Dan & Heather
Tuesday 19 th Jul	LUNCH In the City (TBA)	Any	Easy	Jon
Saturday 30 th Jul	Fairfield Boathouse _ Donvale- Fairfield Boathouse (40km/50km)	Hybrid or Mountain Bike	Easy/Medium	Joe
Sunday 31 st Jul	Ringwood _ Basin _ Monbulk - Mt Dandenong (70km)	Any	Hard+	Daniel
Sunday 7 th Aug	Bicycle Maintenance Course Albert Park Lake	Any	Easy	Dan or Belinda
Sunday 14 th Aug	Belgrave _ Pakenham _ Kooweerup _ Pakenham (100km+)	Road	Hard	Voula
W/E †20 _ 21 st Aug	AROUND THE BAY IN TWO DAYS	Any	Easy/Medium /Hard	Belinda
Saturday 27 th Aug	Fairfield- Southbank _ Gardiner's creek _ Fairfield (50km) Outer Circle Rail Trail	Any	Medium	Joe
Sunday 28 th Aug	Frankston - Sorrento return (100km) †	Road	Hard	Kathryn
Sunday †† 4 th Sep	Lysterfield Lake (35-45km)	Any	Medium	Jim
Sunday 11 th Sep	Ringwood to Ferntree Gully Walk or ride to one tree hill (45km) †	Any	Easy	Daniel
Tuesday 13 th Sep	RIDE PLANNING NIGHT			
Sunday 18 th Sep	Lilydale to Warburton	Any	Medium	Ann, Noleen and Rob
W/E 24-25 th Sep	Wonthaggi Weekend Trip Bass Coast Rail Trail	Any	Easy	Ben and Julie

Visitors (whether members of YHA or not) are welcome to attend any of our rides or other activities. Please note that cyclists aged under 18 must be accompanied by an adult.

YHA contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

How to join our mailing list

Send a blank e-mail to YHA_Cycling with 'subscribe' in the subject line.

Soon after, you will receive an e-mail asking you to confirm your subscription.

Reply to this e-mail and you're in. E-mail addresses are kept private and are NOT broadcast to the masses.