

BOROONDARA

Bicycle Users Group

Newsletter October 2004

BBUG meetings are on the 1st Wednesday of each month, except January. Next meeting: 7.30pm Wednesday 6th October at Swinburne, Hawthorn Campus, TD building (between Park and Wakefield Streets) room TD246. Prior to the meetings some BBUG members meet for dinner at 6pm at the Sara Pizza House, 659 Glenferrie Road, Hawthorn. – all are welcome to join us there.

The Boroondara Bicycle Users' Group (BBUG) is a voluntary group working to promote the adoption of a safe and practical environment for community and recreational cyclists in the City of Boroondara. We have close links with the City of Boroondara, Bicycle Victoria, Bicycle Federation of Australia and other local Bicycle Users' Groups.

BBUG has a web site at <http://home.vicnet.net.au/~bदारabug/boroondarabug.htm>

that contains interesting material related to cycling, links to other cycle groups and recent BBUG Newsletters.

We also have two Yahoo Groups:

Send a blank e-mail to BoroondaraBug-subscribe@yahoogroups.com to receive this monthly newsletter and occasional important messages.

Send a blank e-mail to BoroondaraBugDiscussion-subscribe@yahoogroups.com to monitor or join in an ongoing discussion of bike related issues both local and general.

All articles in this newsletter are the views and opinions of the authors and do not necessarily represent the views of any other members of BBUG. All rides publicised in this newsletter are embarked upon at your own risk.

Opinion

Letter to Progress Leader

Dear Readers.

This morning I was delighted to find in my letterbox a note from the City Council, advising that Council will use VicRoads funds to extend the Principal Bicycle Network through Boroondara, including bike lanes right past my door in Mont Albert Road.

I've had the pleasure of travelling along Balwyn Road, by both bike and car, numerous times since the new bike lanes appeared. As a cyclist I appreciate the safety and security of a small section of dedicated roadspace, relieving me of the need to constantly check my rear view mirror as I weave around parked cars. As a motorist I appreciate the safety and security of travelling in a clearly defined lane exactly one car wide, whereas I used to feel a bit lost in a lane almost, but frustratingly not quite, two cars wide.

As a resident of Mont Albert Road I eagerly await the proposed lane markings which will discipline speeding traffic and help the numerous cyclists who daily pass my door. Bike lanes right outside our home might even encourage my family to cycle more, replacing some of our car use with a healthier mode of travel. Remember that every bike means one less car, which means less congestion, so motorists

can reach destinations more quickly and safely, and be more likely to find a parking spot when you get there.

Yours sustainably.

Philip Crohn.

Denmark: Cyclist Heaven

After completing two weeklong bicycle tours in Denmark, one in North Zealand and the other in Southern Funen, I am convinced that it is the most bicycle friendly country in the world. (It's pretty good for pedestrians and public transport users as well!) The terrain is flat to undulating so not too taxing, and there is lots of attractive farmland, forest and coastline, as well as castles, historic buildings and quaint medieval villages galore. But it is the cycling facilities and the acceptance of cyclists' presence that is the most striking aspect of riding in Denmark, at least to a cycling advocate.

All the Danish cities and towns of any size that we visited have extensive pedestrian only areas. Cycling is generally prohibited in these areas during the main shopping periods, but there are lots of bike parking racks in them, as there are in all other public areas such as stations, parks, beaches, etc.

There are also some motorways in Denmark where cycling is not permitted at all. However many main roads, through and between towns, have cycle paths on both sides that are a cross between a bicycle lane and an off-road path. Cyclists are allocated a dedicated space between the road and the footpath, on a level between these and divided from them, usually by rows of cobblestones. While the footpath is usually a mixture of pavers and cobblestones the bike path is bitumen so there is also visual differentiation between them. The bike path is usually quite wide enough for overtaking. Car access to properties is provided, not as in Australia by concrete driveways, but by unobtrusive bitumen infills at each of the two small steps, from footpath to bike path and bike path to road.

At controlled intersections cyclists must do a hook turn as in Melbourne's CBD. Often their path across each part of the intersection is painted blue making it clear to all road users that this is bike territory. Roundabouts generally have a bicycle lane marked around them, again signalling the likely presence of cyclists to motorists. In the course of our tours we rode over several large, high bridges quite comparable with Westgate. But unlike Westgate these bridges had bicycle paths on each side.

Of course even in Denmark these wonderful bike paths do not cover the entire country without interruption. There were times when the bike path finished and we had to ride on roads with bike lanes like those on our roads, or even without. There were also times when there was a two-way bike path on one side of the road only, in which case there were always well-signed crossings to get to and from it. Occasionally we had a narrow path marked on the footpath. For many sections of our tours we rode on narrow back roads that carried very little traffic and had no markings of any sort, or on unsealed forest tracks.

In two weeks of cycling on Danish roads I was never once tooted or shouted at by a motorist, despite the fact that I made many mistakes riding an unfamiliar bike on the wrong side of the road. (I was rebuked more than once by another cyclist!) Nor was I ever overtaken at uncomfortably close range or at uncomfortably high speed by a car.

The Danish government has spent vast sums of money in the last few years signing and improving thousands of kilometres of numbered bicycle routes that cobweb the entire country. These routes also link up with routes through neighbouring countries. Various maps and guides are available to help cyclists follow them.

I didn't transport a bike by train while I was in Denmark. However I did travel extensively by train and observed that Danish trains have a generous amount of space for bikes and other luggage, and indeed for passengers. Carriages with space for bikes are clearly marked on the outside. I also saw bikes transported on buses.

And what is the outcome of all this consideration for cyclists in Denmark? To borrow a good phrase from BV 'more people cycling more often'. Cyclists of all ages and both sexes are everywhere to be seen in Denmark, in the cities, the towns and even on country roads. It was actually possible to be riding along a back road and to be passed and overtaken by several cyclists before a single car appeared. You see just as many people arriving at supermarkets on bikes to do their shopping as by car.

Denmark's wonderful cycling facilities also attract masses of cycle tourists in the summer. Apart from the people of many different nationalities who shared our *Bike Denmark* self-guided tours I saw hoards of independent cycle tourists with well-laden bikes, including many family groups. Those I spoke to came mainly from Holland or Germany. Often the courtyards of our hotels were crammed with bikes.

Perhaps I am prejudiced but it seemed to me that Denmark's towns, cities and roads were much quieter, less congested and more peaceful places than our own. The pace of life seemed slower and people seemed calmer. Huge, ugly car parks were less a feature of the landscape. There seemed to be fewer obese people and the cyclists we encountered were certainly a fit bunch. I was always being overtaken by riders who looked not the slightest bit athletic but whose leg muscles had obviously benefited from a lifetime of regular exercise.

As a rule I question the need for politicians to go gallivanting off overseas but I wouldn't mind some of my tax dollars being used to send some of our politicians to Denmark to study their methods of encouraging cycling. It's a real eye-opener!

Julia Blunden

General News

Australian Bicycle Council

The Australian Bicycle Council is the national body that manages and coordinates implementation of **Australia Cycling - The National Strategy 1999-2004**.

The Hon John Anderson, Minister for Transport and Regional Services, launched Australia Cycling in February 1999, following endorsement by the Australian Transport Council (ATC).

The Strategy has six objectives covering improvements to cycling in the areas of coordination, integration, facilities, safety, information and education. Details on the Strategy can be found on the council's web site at: <http://www.abc.dotars.gov.au/>

Thanks to Charlie Farren drawing attention to this

Events

Bicycle Victoria's 11th Annual Ride to Work Day Free Breakfast

When: Wednesday 6th October

Where: Free breakfast and entertainment Federation Square, 6.30am-9am

Hosted by the City Of Melbourne, there will be loads of spot prizes, entertainment, demos and displays for cyclists of all levels, plus free massage and lots of food, glorious food! We encourage you to come along and chat with all the other Ride-to-Workers on the morning. There will be plenty of secure bike parking.

The first 2500 riders to arrive will receive a free Ride to Work Day T-shirt sponsored by Better Health Channel www.betterhealthchannel.com.au

More details on the BV web site

Bicycling Australia Show

When: Saturday 23rd & Sunday 24th October, 2004

Time: 10am – 5pm both days

Where: Royal Exhibition Building, Carlton, Melbourne VIC. The Royal Exhibition Building is located between Rathdowne and Nicholson Streets, Carlton. Parking can be accessed from Rathdowne Street.

Ticket Prices: Adult \$15; Concession \$10; Family \$30; Children <10 FREE (Concession = children >10 and concession card holders; Family = 2 adults and unlimited children).

Web site: bicyclingaustralia.com

In Box

Help Needed by COTA

G'day folks

Bicycle Victoria has been approached by the Council of the Ageing (COTA) asking if we can encourage a number of cyclists to ride from the State Library to the City Square with the state Minister for Aged Care, Gavin Jennings, leading the ride.

This ride, on Friday 1 October (around lunchtime - time to be confirmed), is being run as part of the Share Your Passion (<http://www.cotavic.org.au/IDOP%20Publisher%20poster1.pdf>) event which itself is part of the celebrations around the International Day of Older People. COTA are looking for riders aged 50+ who want to 'share their passion' by riding as part of this event.

Our question for you and your members (aged 50+) is would you be interested and available to attend this event? This would be a great way for your members to share their passion for riding, and spread the "It can be done" message to other older people looking for ways to get active. (If a three block ride sounds a little short, then why not make it part of a longer club ride before or after this event?)

If you are interested in sharing your passion could you let me know the number of club members that are likely to attend.

Alan Tonkin, Sales - Bicycle Victoria, Phone: 03 8636 8833

News from Neighbouring BUGs

Yarra BUG

Yarra BUG has organised a stall at the Bicycling Australia Show at the Exhibition Building on Saturday 23rd – Sunday 24th October. They will be located at stall no. C9 with other BUG's and Clubs. They have kindly invited Melbourne BUG and Boroondara BUG to share their stall. BBUG has accepted this offer and agreed to make a small financial contribution. We will be re-vamping our publicity flyer for the occasion. So far Julia Blunden has volunteered to help staff the stall 3-5pm 23/9. If anyone else can help please let us know.

Melbourne BUG

Melbourne BUG now has a simple webpage, with contact details, meeting times, etc, at:
<http://www.melbournebug.org/>

BBUG News

Great Victorian Bike Ride Sponsorship

As we have not been able to identify an individual student to sponsor for the Great Victorian Bike Ride we have decided to assist a school group instead. The School in question is Macleod Secondary College. Jan Bourke who rides with the Camberwell Downhill Gourmet Riders is one of the school staff accompanying students on the GVBR. BBUG will give \$200 to assist with costs getting the students to and from the ride. In return the students will write a diary of the ride which we hope to include in this newsletter in due course.

Re-vamped Website

The new web site is now online. Have a look and feed back any comments to our webmaster Jason den Hollander, email: jadenhollander@deloitte.com.au

Minutes of Boroondara BUG Meeting Thursday 9th September 2004

Venue: Swinburne Room TD246

Present: Graeme Stone, Phil Crohn, David Leong, Jason den Hollander, Graham Ellis, Alan Brittain, Julia Blunden

Guests: Duncan McGregor, Chairman Whitehorse Bicycle Advisory Committee; Damon Rao, Travelsmart Project Officer

Apologies: Rosemary West

1. **Travelsmart Maps:** Damon Rao distributed copies of the first two Travelsmart maps, those of Inner Melbourne and Darebin, and explained the method of preparation and the philosophy behind the maps. Areas are selected for the Travelsmart program on the basis that public transport is underused and the local council is interested in doing something about this. The Maps are based on Melway and include on and off road bike routes and walking routes as well as public transport information. Maps to be produced over the next six months include several inner suburban areas including Boroondara.

Damon requested input from BBUG on cycling routes in Boroondara. BBUG members present were extremely impressed with the quality of the maps and keen to see the Boroondara map go ahead. GS, PC, DL, JD and JB agreed to provide information for their respective areas. Given her extensive experience of riding in the area it was suggested that Rosemary West be asked if she would be willing to contribute. It was agreed to meet at PC's place at 8pm on Wednesday 15/9 to combine all contributions onto a single map supplied by Damon.

2. **Whitehorse Bicycle Advisory Committee:** Duncan McGregor explained the structure and functioning of the Whitehorse BAC, which has been set up to advise council on cycling issues and receives an annual budget from council to cover expenses. There are about 10 regular attendees including one council staff member. Some of the BAC's successes include the completion of the Bushy Creek Trail, which links to a route along Springfield Road, and the Gardiners Creek extension. One useful strategy employed by the BAC has been to introduce resident feedback cards at bike shops.

However Duncan went on to list some of the failures and frustrations experienced by the committee. He attributed some of these at least to the restrictions imposed by the status of the BAC as a committee of council, suggesting that a BUG such as ours has greater freedom to put pressure on council.

Duncan outlined future plans, which include a tent at the Whitehorse Spring Festival and possibly

getting Whitehorse councillors and council staff out for a ride in the area. Deakin University was cited as a concern and it was suggested that Duncan could liaise with Annie Malesic on this subject. Duncan asked for suggestions for books on cycle activism and Damon and PC suggested a number of titles.

Other Items dealt with very briefly included:

3. **Meeting Night:** Since the MBTC now meet on Thursday evenings BBUG members agreed to change our meeting time to the first Wednesday of the month, effective from October. JB agreed to change the room bookings.
4. **Web Site:** JD has now completed work on the new web site and it is ready to go live. It was agreed that JB would have the opportunity for input before this happens.
5. **GVBR Sponsorship:** DL reported that he has not yet heard back from council staff about this.
6. **Possible Survey of BCC Candidates:** BV has been contacted about this and have responded with suggestions about suitable questions. BV are now planning to run a workshop on the subject, 5-8pm 23 October at the Royal Exhibition Building after the Australian Cycling Show. It appears that BV will coordinate surveys in a number of municipalities. However they require input from members to help them formulate appropriate questions and volunteers to run the campaign and interview council candidates.

Notes by Julia Blunden

Extraordinary BBUG Meeting Wednesday 15th September

At the September BBUG meeting we were joined by Damon Rao, Travelsmart Project Officer with the state Department of Infrastructure (DOI), who's recently compiled Travelsmart maps for the cities of Melbourne and Darebin. These are based on Melway maps, but also show bike routes, both 'official' on road lanes and off road trails, and 'unofficial' favourite shortcuts and back street routes.

This reinforces the idea that every street or path can be part of the bike network, not just the main roads which have been specially treated by VicRoads. We were also inspired by the new City of Whitehorse bike map, which was hot off the press in early September, and shows what Boroondara cyclists are missing.

Boroondara is one of the next in line for a Travelsmart map, and Damon wanted our local knowledge to help compile it, so the following Wednesday Graeme and Jason met at Phil's house for a couple of hours. In between the homemade biscuits (9/10) and the instant coffee (3/10) we used our own experience, plus printed input from Graham and Harvey, to colour in lines on a large map supplied by Damon. It's early yet but we eagerly await the result which will be useful to local and visiting cyclists, pedestrians and public transport users.

Notes by Phil Crohn

Contacts for Rides

Boroondara BUG does not currently organise rides. However there are many BUGs, clubs and other organisations that do. Below are some of their contact details. At the end of this newsletter is a separate section with details of many of their forthcoming rides.

Camberwell Downhill Gourmet Bike Riders: contact Elva Parker, phone: 9836 6392

Boroondara Bushwalkers: contact Julia Blunden, phone: 9853 5095, e-mail: jblunden@bigpond.com;
web site: www.keypoint.com.au/~bbwinc

Hawthorn Cycle Tours: contact Hawthorn Aquatic and Leisure Centre, phone: 9815 0988; e-mail:
lexbishop@bikerider.com; website: <http://www.geocities.com/perften/Hct.html>

Council on the Ageing (COTA) Cycling Group: contact Janet Bennett, e-mail:
janpeter@bigpond.net.au or COTA, phone: 9654 4443.

Knox Bicycle Touring Club Incorporated, email: Email: Mikeaatleisure@aol.com Web site:
home.vicnet.net.au/~knoxbike

Manningham BUG: e-mail: seball@netlink.com.au, H.Edwards@bom.gov.au; web site:
www.vicnet.net.au/~mannbug

Maroondah Bushwalking Club: to obtain details of how to book on a walk and a copy of the current walks and activities program Contact **information officers:** Sandra, phone: 9728 3833; Aileen, phone: 9876 1104; web site: home.vicnet.net.au/~mbush/

Whitehorse Cyclists: e-mail: ejhopper@vicnet.net.au; web site: home.vicnet.net.au/~wcycle

Darebin BUG: Rides and Events Coordinator, Doug Morffew, phone: 9499 7325 (AH), email:
dougmorf@alphalink.com.au Download the [Darebin BUG rides flyer](#), with details of rides. (Word doc);
web site: www.darebinbug.org.au

YHA: contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail:
yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

Melbourne Bicycle Touring Club: contact Touring Secretary, Dave Cash, phone: 9817 3269, or e-mail
info@mbtc.org.au (Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!) Web site: mbtc.org.au

Boroondara BUG Contacts:

Convenor:

Graeme Stone, 16 Jervis Street, Camberwell
VIC 3124. Phone: 9889 5426
e-mail: graeme_stone@optusnet.com.au

Newsletter editor:

Julia Blunden, phone: 9853 5095
e-mail: jblunden@bigpond.com

Webmaster:

Jason den Hollander
email: jadenhollander@deloitte.com.au

Other Contacts:

Phil Crohn: philcrohn@ozemail.com.au
David Leong: leongd@anz.com

Boroondara Bicycle Users Group

Membership Form

Name: _____

Address: _____

Postcode: _____ Member of Bicycle Victoria? Y / N

Phone: (H): _____ (W): _____

e-mail: _____

Membership requires a one-off payment of \$10 per household. There is an additional charge of \$10 per annum for delivery of a hardcopy newsletter. Please send cheque (made out to *Graeme Stone*) along with this form to: Graeme Stone, 16 Jervis St , CAMBERWELL, VIC 3124

Past and Forthcoming Rides

Camberwell Downhill Gourmet Bike Riders

Next Ride Sunday 17th October 2004

TIME: 9.45am for a 10am start

WHERE: Outside Blackburn RSL Bowling Club, South Parade, Blackburn

DISTANCE: approximately 30km

ROUTE: Ferntree Gully National Park via Laburnum Gourmet Grill for coffee, Central Blackburn, Koomba Park, Dandenong Creek Trail, Knox City, Ferntree Gully Sunday market. There is only one significant hill!

RETURN BY TRAIN: You have a choice from one of the railway stations: Upper Ferntree Gully, Ferntree Gully, Boronia, or Bayswater

ENQUIRIES: Jack Simpson, phone: 9890 3154 or M 0409 147 384

Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website: <http://www.geocities.com/perften/Hct.html> or e-mail: lexbishop@bikerider.com

Sassafras Ride

Every Sunday all year

Starts at "Bike Life", 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30 am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00 am and leaves Sassafras by 9:30 am Arrives back in Hawthorn around 10:45 am.

Distance under 70 kms from Hawthorn to Sassafras return (includes the 7 kms 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Café "Ripe", 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melways Ref. Map 66 F9.

Council on the Ageing (COTA) Cycling Group - Rides Program

Council on the Ageing members have started a cycling group for people who want to ride more and learn more about their bikes and riding, as well as for people just getting started.

The group rides each 2nd and 4th Wednesday of the month.

Meet at 10am at the location specified to begin the ride. If the weather forecast for the day is for a temperature over 30 degrees, the ride will start at 8am and conclude by midday. Bring your own lunch for a picnic together.

Most rides are on bike trails and are designed with beginner to intermediate in mind. Riders are welcome to join the ride along the way if it is closer to home.

Rides Calendar

Day/Date:	Wednesday 13 October 2004
Location:	We will ride the Upper Dandenong Creek and Blind Creek circuit, with an extension to the end of Dandenong Creek, approximately 50kms.
Start:	10am, meet at Jell's Park East, carpark 5 MEL 72 A6, or possibly ride there from Glen Waverley station
Type of ride:	Easy
Day/Date:	Wednesday 27 October 2004
Location:	We will ride the Main Yarra trail and the Plenty River trail to lunch in Greensborough, approximately 45kms.
Start:	10am, meet at Collingwood Children's Farm car park off St Heliers Street MEL 44 G5, or ride from Victoria Park station
Type of ride:	Easy
Day/Date:	Wednesday 10 November 2004
Location:	We will ride the Lower Dandenong Creek trail to Carrum and return, approximately 60kms.
Start:	10am, meet at Jell's Park East, carpark 5 MEL 72 A6, or possibly ride there from Glen Waverley station.
Type of ride:	Easy, with some gravel.
Contact:	Janet Bennett or COTA on 9654 4443

Darebin BUG

Darebin BUG runs rides of distances approximating 10-20km every Monday, 40-60km on Tuesdays and up to 90km on Thursdays and a variety of rides of various lengths on weekends.

Unless otherwise stated, our rides meet at **Jika Jika Community Centre**, corner Plant & Union Streets, Northcote near Westgarth train station.

For information about any of these rides, contact the Rides and Events Coordinator, Doug Morffew , phone; 9499 7325 (AH), email: dougmorf@alphalink.com.au

Download the [Darebin BUG rides flyer](#), with details of rides. (Word doc)

Please note all rides are free to anyone who would like to participate. Some rides need train tickets, these are to be bought by the participant. A first aid kit is carried on each ride and emergency contact numbers are taken prior to the start of the ride. Darebin BUG has public liability insurance - please note this **does not** cover you or your bike. If that is something you're concerned about then best become a member of Bicycle Victoria so you will be covered by their insurance.

Monday Rides for Beginners

And those looking for short easy rides. Travel local bike paths around 10-20km. For more information, call 9481 8853.

Tuesday & Thursday Rides

Both are social rides largely on bike trails that conclude around 4 pm. Bring lunch & water.

Tuesday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.45am. They vary in length from about 40 to 60 km.

Thursday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.30am sharp. Rides can be up to 90km.

Saturday Market Rides

Beginners and families welcome.

Meet 10am at Jika Jika Community Centre, corner Plant & Union Streets, Northcote, near Westgarth train station.

Sunday Rides - Varying Distances & Locations

Some for beginners, others for experienced cyclists.

3rd Sunday of the month - a diverse program, some rides local and others involving public transport.

October 17 - Dandenong to Bayswater

Grade: Easy

Ride the eastern plains with great views of Mt. Dandenong. About 60km.

Meet at Flinders St Station 09:45 am to catch the 10:11 am train to Dandenong. We ride the Dandenong Creek Trail through a diversity of ecosystems, including Tirhatuan Park, Jells Park, Shepherds Bush, Bushy Park Wetlands, and Koomba Park. Picnic lunch by the wetlands, then continue across to Bayswater railway station for the trip home. About 4 - 5 hours of cycling, returns to the city around 5:30pm.

BYO Lunch/Water. MET: daily Zone 1+2+3.

Ph: Sean for more info on 9457 6626 (h).

November 20-21 - Weekend Ride to Brisbane Ranges

More details soon.

December 12 - Yarra Ride to Bell Bird Park - evening B-B-Q

More details soon.

Manningham BUG

Rides are subject to change so always phone the ride contact close to the date of the ride to confirm details.

Mid Week Rides. There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

Weekend Rides Calendar

DATE	RIDE/ACTIVITY	GRADE	CONTACT	MEET AT...
October				
Sat 2nd	Mitcham to Jell's Park Jacinta heads downhill for a change! ring for details	Medium	Jacinta 9842 3323	9:00 am Mitcham station Mel 48 J9
November				
Sat 6th	Nagambie wineries Start at Nagambie, take in Chateau Tahbilk & Mitchelton wineries, picturesque country riding, some unsealed roads. This ride is as per BV news June 2003	40km Easy	Gary 9439-5016	10.30am town center
Sat 13th OR Sun 14th	Manningham Men's Health Week Ride we are proposing to run a ride for Manningham Council on one of these two days - stay tuned...		Harv 9890-8006	
<u>Up-Coming Rides:</u>				
Warburton - by request Port Melbourne to Williamstown using the Punt				
Rides wanted for October Sun 17th, November Sun 21st Email me with suggestions please.				

Whitehorse Cyclists Inc

Calendar of Events Spring- 2004

Sun 3 Oct	Yarra Saunter	54	Easy/Med	Keith 9857 5805
Thurs 7 Oct	Thurs ride	50	Med	Ken

				9801 7157
Sat 10 Oct	Mitcham-Warrandyte	540	Med/Hard	Bob & Mike 9874 5078
Tuesday 12 October at 8 pm:Club Night: Box Hill Community Arts Centre Station Street Box Hill Mike 0407 509 048				
Thurs 14 Oct	Thurs ride	50	Med	Ken 9801 7157
Fri 22 October Annual Club Dinner Mitcham Hotel Mike 0407 509 048				
Sat 23-24 Oct	Kurth Kiln		M	Darby 9878 3589
Thurs 21 Oct	Thurs ride	50	Med	Ken 9801 7157
Sun 24 Oct	Rally ride		Med	Christine 9890 6958
Thurs 28 Oct	Thurs ride	50	Med	Ken 9801 7157
Thurs 4 Nov	Thurs ride	50	Med	Ken 9801 7157
Sun 7 Nov	Brunch ride		Easy	Lesley 0418 509 043
Thurs 11 Nov	Thurs ride	50	Med	Ken 9801 7157
Sun 14 Nov	Lock stock and barrel at Sth Gippsland market		Med	Mike 0407 509 048
Thurs 18 Nov	Thurs ride	50	Med	Ken 9801 7157
Thurs 25 Nov	Thurs ride	50	Med	Ken 9801 7157

[Last updated 30 August 2004]

Melbourne Bicycle Touring Club

We are based in Melbourne, Victoria and conduct rides (or events) every weekend. We are a diverse collection of people with a common interest in cycling - cycle touring in particular. Please feel free to join us!

MBTC Rides and Events Program: October-December 2004

	October		
Fri 1st	Federation Square - Astor Cinema to see Fahrenheit 9/11 and Bowling For Columbine		Tony Barter
Sat 2nd	Federation Square - Eltham - Federation Square	75 km Med/Hard	Tony Barter
Sun 3rd	Progressive Lunch	Social	Gail Crennan
Tues 5th	Club Lunch - City	Social	Jon Miller
Thur 7th	Bicycle frames		Alister
Fri 8th	Wine Lovers' Club	Social	Judy Beswick
Sat 9th	Bush Celebration Ride	80 km approx.	Heather Margetts
Sun 10th	Fairfield - Petty's Orchard - Fairfield	55 km Easy/Med	Anna Bob
Sun 10th	Broadford - Hurstbridge	90+ km Hard	Alister Briggs
Weekend 9/10th	Lilydale - Warburton Rail Trail	80 km Med	Peter Fagan
Thurs 14th	Margo's '96 Flinders Island slides		Margo
Sat 16th	Bicycle Heritage Ride at Moreland	15 km Easy	John Harland
Sun 17th	Beer Appreciation Ride		Glenn Rodda
Weekend 16/17th	Around the Bay volunteer weekend at Ocean Grove	100 km Medium	Tony Barter
Tue 19th	Club Lunch - Surrey Hills		Phil Crohn
Thur 21st	On-road cycling skills		John
Sat 23rd	Phil's Birthday BBQ		Phil Crohn
Sun 24th	Lilydale Loop via Badger Weir & Woori Yallock	75 km Med/Hard	Peter Boemo
Sun 24th	Southbank to Bay West Trail via Yarra Punt (Family/Ice Cream/Cappucino ride)	25/36 km Easy	Peter Medforth
Weekend 23/24th	Bicycling Australia Bike Show - volunteers wanted		
Thur 28th	The Great Stove Debate		Jon
Sun 31st	Docklands - Brimbank Park - Docklands	55 km Med	Clive Gartner
Weekend 30/10 - 2/11	Warby Wander - 2, 3 or 4 day wander about Wangaratta & the Warby Ranges - peaceful bush camping	170 km Med	Lou Wilson

Weekend 30/10 - 2/11	East Gippsland Lakes Explorer	150km Med/Hard	Jim Freeman
	November		
Thur 4th	Packing for a camping trip		Dave
Sat 6th	Boathouse - Outer Circle - Boathouse	35 km Easy	Joe Kenwright
Sun 7th	Dandenong Ranges loop	70 km Hard	Peter Medforth
Weekend 6/7th	Ballarat - Geelong via Brisbane Ranges	90 km Hard	Gerry Cornish
Thur 11th	Ellen for a Pilates Session		Gail
Sat 13th	Come and ride the Old Sale Road - the back roads of Gippsland are scenic & quiet	100 km Hard	Kerry McLinden
Sun 14th	Nillumbik artists Open Studios ride	20 km Easy/Artsy	Geoff Collis
Sun 14th	Diamond Creek - Eltham Lower Park (via Eltham North adventure playground to Eltham miniature railway)	15 km Easy child friendly	Norm Appleby
Mon 15th	Club Lunch - Gopals		Norm Appleby
Thur 18th	Trip Planning		Alan
20/28th	Phillip Island Family Ride	Child friendly	Vanessa Goldsmith
Sat 20th	Hurstbridge to Kinglake (Masons Falls)	75 km Hard	Peter Boemo
Sun 21st	Mordialloc to Boronia	55 km Med	Phil Crohn
Weekend 20/21st	Foster Weekend - walk and ride	50 km ride 1/2 day walk	Christine Bland
Thur 25th	Mystery Night		Liz
Fri 26th	November Nosh		Gail Crennan
Sat 27th	Seymour - Broadford	70 km Hard	Liz Ennis
	December		
Thur 2/12	Eureka 150th Anniversary		John
Weekend 4/5th	Lilydale to Moe via Noojee	130 km Med/Hard	Peter Boemo

For information on the above rides, please contact the Touring Secretary, Alan Hutchison, on (03) 9431 0458, or at rides@mbtc.org.au. Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!

About the Ride Gradings

Easy: Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

Medium: Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

Hard: Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

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YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

Visitors (whether members of YHA or not) are welcome to attend any of our rides or other activities. Please note that cyclists aged under 18 must be accompanied by an adult.

Spring Calendar

DATE	RIDE	GRADE	CONTACT
Sunday 3 rd October	Bendigo	Medium Mountain	Genia
Sunday 3 rd October	Hurstbridge via Yarra Glen /Kinglake	Hard	Anne
Weekend 16-17 th October	Woodend & Trentham	Medium	Petar
16thOct - 2nd Nov	Mawson Trail, South Australia	Medium- hard	Jason, Paul, Sing & Genia
24 th October	Road Ride, Mornington - Sorrento	Medium - Hard	Maria
Sunday 7 th November	Mountain Bike ride - Lysterfield Park, followed by BBQ	Mountain	Rob
Sunday 14 th November	Merri Creek to Yarra Trail	Easy- medium	Mark

Sunday 21 st November	Lilydale Warbuton Trail	Medium	Anne
Sunday 28 th November	D & D ride - just the ticket for the hip single at Christmas!	Easy	Voula
Weekend 2-4 th December	Christmas Break up ride - Somers	Easy- Medium	Brendan & Marie
Sunday 12 th December	Christmas Picnic, and cycling treasure hunt	easy	Mark/ Voula

YHA contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au;
website: <http://www.vicnet.net.au/~yhacycle>

How to join our mailing list

Send a blank e-mail to YHA Cycling with 'subscribe' in the subject line.

Soon after, you will receive an e-mail asking you to confirm your subscription.

Reply to this e-mail and you're in.

E-mail addresses are kept private and are NOT broadcast to the masses.