

Boroondara Bicycle Users Group

April 2004 Newsletter

Next meeting: 7.30pm Thursday 8 April at Swinburne, Hawthorn Campus, TD building (between Park and Wakefield Streets) room TD246

NOTE: BBUG meetings are on the 2nd Thursday of each month, except January.

The Boroondara Bicycle Users' Group (BBUG) is a voluntary group working to promote the adoption of a safe and practical environment for community and recreational cyclists in the City of Boroondara. We have close links with the City of Boroondara, Bicycle Victoria, Bicycle Federation of Australia, Victorian Bicycle Coalition and other local Bicycle Users' Groups.

BBUG has a web site www.vicnet.net.au/~bdarabug that contains interesting material related to cycling, links to other cycle groups and recent BBUG Newsletters.

We also have two Yahoo Groups:

Send a blank e-mail to BoroondaraBug-subscribe@yahoogroups.com to receive this monthly newsletter and occasional important messages.

Send a blank e-mail to BoroondaraBugDiscussion-subscribe@yahoogroups.com to monitor or join in an ongoing discussion of bike related issues both local and general.

All articles in this newsletter are the views and opinions of the authors and do not necessarily represent the views of any other members of BBUG. All rides publicised in this newsletter are embarked upon at your own risk.

Inbox

Yarra Bug

Hi, just letting you know about Yarra Bicycle Users Group contact and (temporary) yahoogroups homepage: <http://groups.yahoo.com/group/yarrabug> Hopefully soon we will have a VicNet site as well.

YarraBUG has many activities happening in the next few months like being involved with the City of Yarra's proposed "Shed Your Car Day", BV's Festival of Cycling, a BIG membership drive, and much more.

Yarra Bicycle Users Group is a community voluntary organisation located in the inner northern suburbs of Melbourne (Abbotsford, Alphington, Burnley, Carlton North, Clifton Hill, Cremorne, Collingwood, Fairfield, Fitzroy, Fitzroy North, Princes Hill, Richmond). We advocate on behalf of cyclists for improved cycling conditions with organisations, such as Yarra City Council, VicRoads, Bicycle Victoria and many other groups.

See our "links" page for more information relating to cycling and related interests. Our "files" page has both pdf and Word leaflets promoting YarraBUG, please feel free to download, print and distribute.

YarraBUG warmly welcomes anyone with great ideas and energy to share. If you want to have a social ride, maybe want to get involved with local bike issues or simply want to know more about cycling, please feel most free to contact us. We are especially interested in hearing from the possibly thousands of cyclists who commute through the City of Yarra area on a daily basis. Both cyclists' and residents' local knowledge is so important, so we hope to hear from you soon!

Yarra Bicycle Users Group

General News Items

New Yahoo Discussion Group for Victorian BUGs

VicBUGChat is an informal discussion newsgroup for Bicycle User Groups in Victoria. This non affiliated newsgroup has been formed for individuals and groups involved with BUG's to have a friendly chat, exchange ideas and network. At present the newsgroup is moderated, this is solely to keep spam and viruses off the list, not to censor content. Please feel free to tell anyone who may be interested in joining this newsgroup.

Members of VicBUGChat are requested to keep any on-list discussions respectful and non-judgemental. Please respect other people opinions, even if you do not necessarily agree with them. Bicycle User Groups are a fantastic resource for cyclists interested in their local community, advocacy and social activities.

To join VicBugChat send a blank email to vicbugchat-subscribe@yahoogroups.com

I can vouch for the fact that this is an active group having received two very swift replies to the first message I posted. Ed.

Events

Guest Speaker at Darebin BUG Meeting

Who: Russell Lindsay, Acting Sargent, Melbourne Bicycle Patrol

When: Wednesday 14 April, 7:30 pm

Where: Shire Hall, 286 Gower St, Preston

Prizes to be won – Coffee and Tea – *Everyone welcome!*

Thanks to Graeme Stone for passing on this news item.

Cycle Tourers at Comedy Festival

On April 16 2003 four blokes took off to cycle around Australia. In seven and a half gruelling months they cycled 19,500 kilometres, performed 198 stand up comedy shows and raised \$35,000 dollars for cancer research. This is their story.

Venue: Hotel Bakpak Melbourne, 167 Franklin St, Melbourne

Prices: Full \$20.00, Concession \$15.00, Group (4 or more) \$18.00, Preview \$12.00, Laugh Pack \$18.00 & \$12.00. It's \$8 cheaper on Tuesdays,

It's on every day from 25 March to 18 April

Thanks to David Leong for this news item.

Boroondara News

Newsletter Feedback

My request for feedback on this newsletter resulted in about half a dozen e-mails. Most of these expressed general satisfaction with the content but several readers felt that the length was becoming a problem. I have decided to adopt the suggestion made by two readers that the detailed rides calendars be made a separate section at the end of the newsletter so that it can be printed off without including this. Henceforth the main newsletter will contain only links to BUGs, clubs and other organisations that provide rides. The detailed rides calendars will appear at the end of the newsletter after a section break.

Those readers who mentioned graphic material preferred not to have this included in the newsletter. However we are hoping to provide access to photos of interest in the future on our web site which is currently undergoing a revamp.

Constructive suggestions for improvement to the newsletter are welcome at any time. Don't feel you have to wait for another invitation!

Julia Blunden

Boroondara Schools Discourage Cycling

Those of you who receive the *Progress Leader* may have read the cover story on this topic in the March 22nd issue. A number of schools in Boroondara are discouraging children from riding to school even when distances are suitable and good routes are available. Of the 25 schools that border the Koonung, Outer Circle- Anniversary and Gardiners Creek Trails which were surveyed, 10 refuse to encourage children to ride to school. Seven of the schools surveyed have no bicycle storage facilities and only 9 of the schools have bicycle education programs.

School principals' fears for the safety of children cycling to school are understandable but must be weighed against the alarming growth in childhood obesity, which is due at least in part to lack of exercise. There are also serious dangers posed by the congregation of cars around schools at the start and finish of the school day. Bicycle Victoria's Mary McParland quoted a Victorian Greenhouse study that found that a quarter of Victoria's peak hour traffic is families dropping off and collecting children from school. The great majority of these motorists have no other reason for their trip. Whatever mode of travel is used there are risks involved and accidents will occur from time to time. However with cycling there are health and environmental advantages to offset against these risks.

I urge readers who have school age children to encourage discussion of this issue amongst other parents and to raise it with teachers and principals at their children's schools.

Julia Blunden

Integrated Transport Strategy

On Wednesday 10th March I attended the second ITS stakeholder meeting held at the Boroondara Room in Camberwell. We were provided with a document that summarised proposed projects and initiatives. As expected there was relatively little detail on cycling issues. At Boroondara Transport Planner Kerry McConnell's invitation I have forwarded a BUG response to this document, which was discussed at our last meeting. This response draws attention to some of the cycling issues overlooked, and reiterates the need for a Bicycle Advisory Committee or something similar to provide regular advice to council staff. If anyone is interested in receiving a copy of this response I am happy to e-mail it to you.

Julia Blunden

Boroondara BUG Meeting Thursday March 11th 2004

Meeting at Swinburne TAFE, Room TD 246, Wakefield St.

Present: Julia Blunden, David Leong, Phil Crohn, Jason den Hollander, Graeme Stone, Don Glasson.

Apologies: Brett Robson, Janet Bennett.

1. Welcome to new year Julia's article published in 'Swinfotafe' inviting staff and students to BBUG.

\$200 received from Cycling Promotion Fund for publicity efforts by BBUG members following Trevor and Julia's attendance at CPF PR workshop last year. Thanks to Trevor, David, Phil and Julia for letters sent re cycling issues and Julia's travel article in the Age. **Agreed** that \$100 be given to Trevor for his fund raising China trip supporting MS society.

2. Integrated Transport Strategy. Julia attended stakeholders 2nd workshop. Not very satisfactory. An ill prepared draft summary document omitted key cycling issues.

Action: JB to send JH email of summary document. JH to reformat and send to Yahoo Discussion. All BBUG to forward comments to Julia for compiling for another submission to ITS / Kerry McDonnell.

3. Web site, Yahoo etc.

Hotmail address to be phased out by Julia. Remove from BV, Council, other publications. Can use BoroondaraBugDiscussion@ yahoo.com address to contact active BBUG members or use individual emails in Newsletter.

Action: JH will look at having a auto message from the Hotmail address to redirect people to BoroondaraBugDiscussion or other.

Web site : Format important – detail can be easily cut and pasted. Can use text from current site even though diff software. Need current Newsletters available. Use existing ride statement but add links to ride sites.

Include picture from path audit. Have pictures on web site rather than in Newsletter.

Need meeting dates more prominent – general detail so doesn't need updating each month.

General links to useful sites, BV etc.

Action: 1. Given that little feedback given to Brett's draft last year ask Brett to resend to discussion group for further comment.

Action 2. JB, JH, GS to support Brett as necessary. Bring final proposal back to BBUG meeting.

4. Bicycle Advisory Committee. Discussion, still important but leave push on BAC until ITS wound up and outcomes observed. **Actions:** 'Someone' to attend Yarra BAC next month for ideas re operation. Promote BAC concept again in ITS submission.

5. Bike Lockers. Info via Rosemarie Speidel, CPF, in BBUG Newsletter. Wider issue than appropriate for BBUG.

Action: Julia will e-mail info and comments re all types of bike parking at stations to Connex and to Boroondara CC for inclusion in ITS.

6. Yarra / Koonung Trails audit Noting Janet's e-mail to BCC re poor signage on Yarra / Koonung Trails supporting findings of trail audit.

7. Great Vic Bike Ride sponsorship. Students from Berwick Secondary College sent note of thanks with a report on their participation in the GVBR. See Newsletter.

8. Outstanding works – Leonda connection: given no progress **Action:** Don will write to Meredith Butler and to Mayor. Hawthorn Bridge shared path trial & Church St ramp and signs – still no action. **Action:** Julia to contact Liz Lambropolous re Church St and query City of Yarra's response re bridge path.

9. Newsletter – few responses so obviously going well. Suggested that rides section be separate document / appendix with only ride contacts in body of Newsletter. Decided not to introduce photos as slows loading, printing. Make photos available on web site.

10. Treasurer: GS reluctant to continue as treasurer. Meeting agreed to simplify fee structure by having only \$10 joining fee then no annual fee for e-mail members. Members receiving paper copy to carry cost of copying and mailing. Agreed that be \$10 pa.

11. Julia's new book 'Bike Tours around Victoria' is available to BBUG members at discounted price of \$26.

12. Swinburne campus – consider future projects next meeting. Possible that students may develop course projects related to cycling.

Notes by Graeme Stone

Contacts for Rides

Boroondara BUG does not organise rides. However there are many BUGs, clubs and other organisations that do. Below are some of their contact details. At the end of this newsletter is a separate section with details of many of their forthcoming rides.

Camberwell Downhill Gourmet Bike Riders: contact Elva Parker, phone: 9836 6392

Boroondara Bushwalkers: contact Julia Blunden, phone: 9853 5095, e-mail: jblunden@bigpond.com; web site: www.keypoint.com.au/~bbwinc

Hawthorn Cycle Tours: contact Hawthorn Aquatic and Leisure Centre, phone: 9815 0988; e-mail: lexbishop@bikerider.com; website: www.geocities.com/perften/Hct.html

Council on the Ageing (COTA) Cycling Group: contact Janet Bennett, e-mail: janpeter@vic.bigpond.net.au or COTA, phone: 9654 4443.

Manningham BUG: e-mail: seball@netlink.com.au, H.Edwards@bom.gov.au; web site: home.vicnet.net.au/~mannbug

Whitehorse Cyclists: e-mail: ejhopper@vicnet.net.au; web site: home.vicnet.net.au/~wcycle

Darebin BUG: contacts: Kathleen Kemp, phone: 9482 3276; Ray Davis, phone: 9470 -3029; e-mail: darebinbug@yahoo.com.au; web site: www.darebinbug.org.au

YHA: contacts: Claire, phone: 9726 5421 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: www.vicnet.net.au/~yhacycle

Melbourne Bicycle Touring Club: contact Touring Secretary, Dave Cash, phone: 9817 3269, or e-mail rides@mbtc.org.au (Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!) Web site: home.vicnet.net.au/~mbtc/

Boroondara BUG Contacts:

Correspondence: Graeme Stone, 16 Jervis Street, Camberwell VIC 3124. Phone: 9889 5426; e-mail: graeme_stone@optusnet.com.au

Newsletter editor:

Julia Blunden: phone: 9853 5095; e-mail: jblunden@bigpond.com

Other Contacts:

Phil Crohn: philcrohn@ozemail.com.au

David Leong: leongd@anz.com

Boroondara Bicycle Users Group

Membership Form

Name: _____

Address: _____

Postcode: _____ Member of Bicycle Victoria? Y / N

Phone: (H): _____ (W): _____

e-mail: _____

Membership requires a one-off payment of \$10 per household. There is an additional charge of \$10 per annum for delivery of a hardcopy newsletter. Please send cheque (made out to *Graeme Stone*) along with this form to: Graeme Stone, 16 Jervis St , CAMBERWELL, VIC 3124

Boroondara Bicycle Users Group

Past and Forthcoming Rides

Camberwell Downhill Gourmet Bike Riders

Down the Drain Ride Report

A very pleasant day was had by 10 cyclists on the March ride organised by Elva. By train to Croydon Railway Station was a good start for 5 of us. Then it was 'Down the Croydon Main Drain' or Tarralla Creek then via Dandenong Creek path and Stud Rd path to Knox City and up Blind Creek path to a great lunch stop in the Tim Neville Arboretum near Dorset Rd. As for the planned coffee in Croydon I can only assume that it was a good finish as I was cycling back to Burwood at the time. Thanks to Elva for organising and pre-riding yet another ride for us all.

Next Ride: Point Cook and the Coast.

When: Sunday April 18th 2004

Where: Starting near Bunnings in Millers Rd Altona.

Start Time: TBA

Description: Millers Rd to Point Cook taking in the coast line and the new Sanctuary Lakes development.

Contact Karen on 9576 8081 for more details closer to the date. (Details will be emailed later to those on the CDGBR email list and mailed to those who have supplied SAE envelopes to Val or Elva).

Boroondara Bushwalkers

Boroondara Bushwalkers have occasional bike rides as part of their program. The next ride, scheduled for Sunday 4/4, is a Bayside ride, mostly but not all on shared paths.

Meeting Place: Southbank, near the footbridge

Meeting Time: 9.15am for 9.30am start

Ride Distance: 57km or can be shortened

Ride Description

We will ride along the bike path to Beacon Cove then follow the Bayside Path south to Ricketts Point, where we will stop for lunch. BYO or buy lunch at the teahouse, whichever you prefer. Between Ricketts Point and Mordialloc there is a short section on road but most of the way is on beachside path. At Mordialloc we turn inland and follow the path through the Edithvale wetlands to Carrum. We ride, mainly off-road, through Patterson Lakes then continue through the wetlands for some distance. A short stretch on roads then takes us to a sandy track close to the shore at Seaford. The last stretch to Frankston is along a quiet street. We will catch the train from Frankston back to Flinders Street Station. There are plenty of opportunities to bail out on this ride as we pass many stations. If the weather is hot bring your bathers and we may stop for a swim.

Please contact Julia Blunden on 9853 5095 if you are interested in coming.

Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee

stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website: www.geocities.com/perften/Hct.html or e-mail: lexbishop@bikerider.com

Council on the Ageing (COTA) Cycling Group - Rides Program March – July 2004

We will ride every 2nd and 4th Wednesday in the month. We will meet at 10 am at the place specified. If the weather forecast given for the day is above 30°C the ride will start at 8am and conclude by 12midday. Every effort will be made to find a coffee stop midmorning! We will generally take our own lunch and picnic together. Some rides are on rail trails in the country and the starting times for these rides will be specified if different. Riders are welcome to join the ride along the way if it is closer to home. Please contact Janet Bennett on 9853 9808 to discuss any details.

The ride details follow- abbreviations are #easy *medium !hard ^hills.

Date	Place to meet	Description	Grade
April 14 th	Yarra Boulevard, junction of Main Yarra trail and Gardiner Creek trail, MEL 59 B1	We will ride the Anniversary Trail circuit, about 35km. We can take an extension along Scotchman's Creek trail if we decide. Coffee stop at the Nursery in Whitehorse Rd.	#
April 28 th	Dight Falls carpark off Trenerry Cres, MEL 44 F3	We will ride to and through Westerfolds Park to Monkton Rd. and return, approx. 50km.	* optiona l hills!
May 12 th	Delhi Crt on Delhi Reserve, MEL 29 B11	We will ride the Moonee Ponds trail to near the airport and return, approx. 45km. Coffee stop at the bakery in Westmeadows just near the trail.	*
May 26 th	Stoney Point MEL 195 F5 The ferry leaves at 8.30am and returns at 4.30pm.	We will ride from the ferry terminal at Tankerton on the island to the McLeod Eco Farm, approx 40km, and return. Early coffee at the general store, just 2km away! NB -rough roads unsuitable for road bikes.	!
June 9 th	Park near the Woori Yallock primary school MEL 286 F10	We will ride the Warbuton Trail to Warbuton East, finishing at Riverside Dr., approx 45km. No coffee stops until lunch at the Warbuton pub!	#
June 23 rd	Dight Falls carpark off Trenerry Cres, MEL 44 F3	We will ride the Merri Creek trail to Reservoir and then cross on small local roads to Darebin Creek trail, approx 45km. Coffee at the Preston Market and lunch at Bundoora Park.	#
July 14 th	Park near the Woori Yallock primary school MEL 286 F10	We will ride the Warbuton Trail to Lilydale and return, approx 45km. No coffee stops until Lilydale.	!^
July 28 th	Dight Falls carpark off Trenerry Cres, MEL 44 F3	We will ride the Main Yarra trail, the Koonung Creek trail and the Gardiners Creek trail via Blackburn lake, approx 50km.	*

Contact Janet Bennett, e-mail: janpeter@vic.bigpond.net.au or COTA on 9654 4443.

Darebin BUG

For information about Monday rides, contact Kathy Brunning, on 9489 4275

Tuesday & Thursday Rides

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union Streets, Northcote, at 9.30ish (sometimes a bit later). They vary in length from about 30 to 60 km. Just turn up on the day, as the decision of where to ride depends on weather and other variables.

Saturday Market Rides

1st Saturday of the month, 10am-2pm: Bundoora Farm/Coopers Settlement Market, 30km return along the Darebin Creek Trail. \$2 entry also includes entry to the farm and the historic Coopers Settlement (a huge saving on the usual entry fee).

2nd Saturday of the month, 10am-12.30pm Collingwood Children's Farm/CERES, Brunswick, 7-10km Rides alternate between these destinations. \$2 entry is required for the Collingwood Children's Farm which includes entry into the operating farm, a huge saving on the usual entry fee.

Sunday Rides - Varying Distances & Locations

April 3 & 4 - Weekend ride to Daylesford and Woodend - Grade: Difficult

Please note that the ride does involve riding up and down hills on narrow roads and with overtaking traffic. Also, we will be carrying all our gear on our bikes.

On Saturday April 3 2004 we will be catching the train to Ballan and riding about 40 km to Daylesford and Hepburn Springs. Arriving at about 3.00 pm will give us plenty of time to enjoy the sights around town. We will be staying at the Wildwood Youth Hostel in Hepburn Springs where we can enjoy an evening meal together. The next day we head off for another 40 km ride to Woodend and catch the train back to Melbourne.

April 18 - TBA

May 16 - Woodlands Historic Park

More details soon.

20th June - Maribyrnong River- Grade: Medium

Get warm on wheels! Celebrate the Maribyrnong on this scenic winter ride from Ginifer to SouthBank. Meet at Flinders St Station under the clocks at 9:45 am to catch the 10:16 Sydenham line train to Ginifer. We start along the railway path from Ginifer Railway Station (going south) to Western Ring Rd (going east). Then we cross St.Albans Rd and follow a path parallel to Western Ring Rd. Heading across EJ Whitten Bridge takes us onto the Maribyrnong River path. At Footscray Rd we leave the river trail and head east along the bike path to Southbank. Some steep, short hills, distance: 30km. Rest Spot: Canning Reserve. Lunch Spot: Aberfeldie Park. Returns to the city at 3:00pm. BYO Lunch, Water. MET: 2-hour zone 1+2.

July 18 - Outer Circle Rail Trail

More details soon.

August 15 - Lysterfield Lake

More details soon.

September 19th - Darebin to Alamein - Grade: Medium

Meet at Darebin Station 10:00am. We will ride via the Eastern Freeway, Blackburn Lake and Gardiners Creek, catching the train home from Alamein. About 60km. BYO Lunch, Water. MET: 2-hour Zone 1+2.

October 17 - Dandenong Creek Ride

More details soon.

November 20-21 - Weekend Ride to Brisbane Ranges

More details soon.

December 12 - Yarra Ride to Bell Bird Park - evening B-B-Q

More details soon.

Manningham BUG

Mid Week Rides

There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride.

		GRADE	CONTACT	MEET AT...
April				
Sun 4th	Our Annual Club Championship Incorporating different obstacle courses. Also a slowest rider event. Just to test out your individual skills for fun.	Easy? Skills based	Kevin 9842-3323	Local
Sat 17th/ Sun 18th	South Gippsland Weekend A weekend away in the Foster area, staying at Neville's and Cheryl's house at Sandy Pt. Access is available to house from 4.00pm Friday. Sat Ride start time 10.00am: Sandy Pt - Fish Creek (15km bitumen, undulating). Coffee at Fish Creek then to Foster, 15km bitumen (8km are undulating hills) great prom views or by gravel Rail Trail to Foster. Lunch at Foster. Foster - Sandy Point 30km flat, bitumen. Sun Options to be discussed Opt.1: to Walkerville -flat bitumen, (45km return). Items of interest are historic limestone kilns in cliff face and beach OR Opt. 2: Mirboo North -Boolarra Rail Trail (26km return) on way home - turn off at Meeniyan.	Sat 70-80km Sun 30km	Neville 9802-0187	Bookings essential Linen/sleep'g bag etc required Accom. FREE 12 inside and tent space outside. Sat Dinner a spit roast or BBQ. Costs shared for meals supplied, max \$20 per head.
Mon 19th	BUG Monthly Meeting The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
Sat 24th	Nagambie wineries Start at Nagambie, take in Chateau Tahbilk & Mitchelton wineries, picturesque country riding, some unsealed roads. (as per BV news June 2003)	40km Easy	Gary 9439-5016	10.30am town centre- Post Office
May				

Sat 8th	Belgrave Downhill Train up to Belgrave for the great downhill favourite – all the way to Ringwood options of hoping on a train anywhere down the line!	Easy/Medium	Harv 9890-8006	9:15am sharp Blackburn Station Mel 47 K10
Sun 16th	Ride to Horseshoe Bend Farm Open Day We ride up the Maribyrnong River to Horseshoe Bend Farm The open day includes craft market, farm tours and a variety of other entertainment. Hot and cold refreshments available. http://www.parkweb.vic.gov.au/1park_display.cfm	Medium	Hele 9850-6268	Yarra Bend Rd (Mel. 2D F1)
Mon 17th	BUG Monthly Meeting The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
Sat 22nd	Olinda Ride Ride up to Sassafras, and onto Olinda before returning down!!! to Mitcham. Warning – some hills on this ride	50km Hilly	Jacint 9842-3323	9am Mitcham station Mel 48 J9
Sat 29th	ABC of trails Altona – Brighton – Carrum An all-dayer Gary does another of his very long rides along the paths of Melbourne!	Solid 70km	Gary 9439-5016	9:05am Altona train from Flinders St station
June				
Sun 6th	Doing Doncaster East - (with a few tiny hills). Coffee at Beasley's.	21km Easy	Terry 9848-6027	10am Ruffey Lake Park carpark Mel 33 F10
Sun 20th	Williamstown Explore the Williamstown area	Medium	Jacint 9842-3323	9:30am Flinders St, Station
Mon 21st	BUG Monthly Meeting The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
Sun 26th	Dights Falls Follow the Main Yarra Trail to Dights Falls & return	Easy 30km	Gary 9439-5016	Yarra Flats 9:30am Mel 32 B6
July				
Sun 11th	Woodend Wander Quiet country roads BYO Lunch or buy at Woodend before we ride to Hanging Rock (A winery too)	40km medium	Harv 9850-8006	10am Bourke's Bakery Woodend
Mon 19th	BUG Monthly Meeting The night your new subscription is due – but we will let you in for free! The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
Sat 31st	Clifton Hill A little of Merri Ck and St George's track combined- with a Cafe Quince chaser. – See our Cuisine guide	15km Easy	Harv 9850-8006	9:30am Yarra Bend Rd Mel. 2D F1

August				
Mon 16th	BUG Monthly Meeting The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890- 8006	8pm Mel 32 D10
Sat 21st	St Kilda – Mornington (Progressive Dinner Ride warm up) - Mordialloc option	Solid	Kevi n 9842 3323	
Sun 22nd	St Kilda – Mornington (Progressive Dinner Ride warm up) - Mordialloc option Repeat of yesterday's ride for those that can't do Saturdays!	Solid	Kevi n 9842 3323	
September				
Sat 4th Sun 5th	Progressive Dinner Ride Medium thru to serious!Car backup and drive options available	40+50 / 230km	Kevi n 9842 3323	Bookings essential- fills up fast
Mon 20th	BUG Monthly Meeting The Manningham Club , 1 Thompson's Rd Bulleen		Harv 9890- 8006	8pm Mel 32 D10
Up-Coming Rides:				
Email me with more suggestions please. 14th Ballarat Autumn Day Ride - Sun 2nd May 2004				
If you like to think about riding to an event try looking up http://www.eventwatch.com.au/				

Whitehorse Cyclists: Rides Program April – May

Check the rides calendar on home.vicnet.net.au/~wcycle/calendar.htm Note: All rides are subject to change. Phone the named contact person to confirm details. You do not need to be a member to ride with us! We ride every Thursday and on the weekend, usually on the Sunday. Contact: contact Alec or Barbara 9890 8954.

Calendar of Events (Last updated March 23 2004)

Thurs 1 April	Hurstbridge-YanYean	50	Med	Ken 9801 7157
Sun 4 April	Moonee Ponds and beyond	35/55	Easy/Med	Jacques 9497 2306
Tues 6 April	Club Night 8.00 pm Box Hill Community Arts Centre			Mike 0407 509 048
Thurs 8 April	Bayswater-Sassafras-Kallists	5040	Med/Hard	Ken 9801 7157
Sat 10 April	Whitehorse Easter Rally	40	Easy	Christine 9890 6958
Thurs 15 April	tba			Ken

				9801 7157
Sun 18 April	Glenburn to Strath Creek	70	Hard	Helga 9873 2961
Thurs 22 April	tba			Ken 9801 7157
Sun 25 April	ANZAC Dawn Service	35	Med	Bob H 9874 5078
Thurs 29 April	tba			Ken 9801 7157
Sun 2 May	BAD Ride	Contact Ballarat Outdoor Club		
Thurs 6 May	tba			Ken 9801 7157
Sun 9 May	Brunch Ride	40	Easy	Bruce E 9848 4804
Tues 11 May	Club Night 8.00 pm Box Hill Community Arts Centre			Mike 0407 509 048
Thurs 13 May	tba			Ken 9801 7157

Melbourne Bicycle Touring Club

	APRIL			
Weekend 3rd-4th	Lilydale to Moe via Noojee A weekend tour through remote places and tall forests.	130km Med / Hard		Peter B.
Sun 4th	Lang Lang to Drouin A loop around South Gippsland.	80km Hard		Rob B.
Wed 7th	<i>The history of the mountain bike in Australia</i>			Fred
Easter 9th- 12th	Bogong High Plains Easter Trip A mountain bike ride across the Bogong High Plains to Mitta Mitta via the Omeo Highway and Kellys track.	150km Hard		David
Sun 11th	BOOKS TO BOAT HOUSE A monthly ride from Eltham to Fairfield Boat House via the Yarra bike path. Ideal for new riders and a favourite amongst old friends. Plenty of stops along the way for food, coffee or just a rest.	30km Easy		John
Wed 14th	<i>Social Night</i>			Gail
Weekend 17th-18th	Anglesea MTB Weekend Spend the weekend mountain biking around the surf coast with someone who knows the best back tracks.	80km Medium		James
Sat 17th	St Andrews Market Take a morning ride out St Andrews and sample the wares at the market.	25km Easy		Norm

Sun 18th	MBTC Tennis Day Tennis afternoon at North Park Tennis Club (Royal Park) Melway 2A F2. Cost approx \$5 per person.	BYO Rackets & Balls	Gael
Sun 18th	Broadford to Kyneton Great granite hills scenery and possibly Granite Hills Winery. A road tour.	80km Hard	Peter S
Tue 20th	Club Lunch Enjoy lunch at the Star Park Café at 733 Burke Road, Hawthorn East, 12:30pm.	Social	Fred
Wed 21st	<i>Lighting night show and tell.</i>		Glenn
Weekend 24th-25th	South Gippsland Excursion Explore south Gippsland via Stony Point, Phillip Island and Wonthaggi with a trip the coal mine.	120km Medium	Glenn
Sun 25th	Lilydale to Hurstbridge A challenging ride though the hill country around Melbourne via Paton Gap, Healsville, Toolangi and Kinglake.	105km Hard	Peter M
Wed 28th	<i>Great New Zealand Bike Ride Slide Show</i>		Bente
MAY			
Sat 1st	Ballarat to Creswick An interesting ride into history with a loop around the gold mining area north of Creswick. Camp at the vineyard and go on the BAD Ride the next day.	70km Medium	Pat K.
Sat 1st	Sydney Road Op-Shop Ride Explore the thrift shops and get a bargain or two.	20km Easy	John
Sun 2nd	Ballarat Autumn Daytour An organised day ride with on road and off road options around Ballarat. Run by our sister club in Ballarat.	Easy/Med/ Hard	Pat K.
Thu 6th	<i>Photo Competition</i>		Margo
Sat 8th	MAY BANQUET IN A TIBETAN CAFÉ A social night at the Tibetan Wild Yak restaurant in Fitzroy. (97 Smith Street near Gertrude street)	Social	Gail
Sat 8th	Mt Disappointment Mountain Bike Ride Enjoy a ride though the tall forest and fern gullies of this beautiful area. Some technical sections, bring knobbies and lunch.	40km Hard	Alistair
Sun 9th	Williamstown to Truganina Explosives Reserve Enjoy a ride along the foreshore bike path to this interesting reserve.	40km Easy	Karen
Thu 13th	<i>Burning Your Tyres Behind You</i>		Geoff
Weekend 15th-16th	Strathbogie Ranges Tour A weekend exploring the back roads of the Strathbogie ranges with bush camping and great views from Golden Mountain.	120km Medium	Geoff
Sat 15th	BOOKS TO BOAT HOUSE A monthly ride from Eltham to Fairfield Boat House via the Yarra bike path. Ideal for new riders and a favourite amongst old friends. Plenty of stops along the way for food, coffee or just a rest.	30km Easy	Bente
Sun 16th	Mt Donna Buang Enjoy a challenging ride up Mt Donna Buang via Ben Cairn and the dense rainforests. Great downhill to reward your efforts.	70km Hard	Kerry

Tue 18th	Club Lunch Lunch at the Star Park Café at 733 Burke Road, Hawthorn East, 12:30pm.	Social	Fred
Thu 20th	<i>Trip Planning</i>		David
Sat 22nd	Foodies Tour of Brunswick A leisurely ride exploring the various national cuisines represented in Brunswick.	Easy 10km	John
Sat 22nd	Bike Path / Off-Road Loop Ride a mixture of bike paths and back tracks from Ferntree Gully to Jells Park via Lysterfield.	60km Medium	Tony K.
Sun 23rd	Woodend Wander Explore the back tracks of the Wombat State forest with an old hand who knows this area like the back of her hand.	60km Medium	Liz
Thu 27th	<i>The St Kilda Cycles Crew</i>		Jim
Weekend 29th-30th	Murray River Tour Enjoy a riparian tour along the Murray river from Yarrowonga to Albury. Friday night departure.	100km Medium	Peter C.
Sat 29th	Port Melbourne to Frankston A loop down the popular cycling route of Beach Road to Frankston and back.	100km Hard	Rob B.
Sat 29th	Belgrave to Ringwood Bike path ride from Belgrave to Ringwood with a BBQ lunch at Jells Park.	45km Easy	Phil
Sun 30th	Tour around the Dandenong's A ride though the foothills from Pakenham to Lilydale via the Warburton bike path.	70km Med / Hard	Peter B.

For information on the above rides, please contact the Touring Secretary, Dave Cash, on (03) 9416 2646, or at rides@mbtc.org.au. Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!

About the Ride Gradings

Easy: Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

Medium: Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

Hard: Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

YHA Cycling Summer Program April 2004

DATE	RIDE	GRADE	CONTACT
EASTER 9-12 April	Rail Trail Extended ride	Medium	Belinda & Maria
Sun 18 April	Blackburn Loop	Easy	Jeff

The next program will be out April 2004. Any questions? Please do not hesitate to contact us via:

- our website: www.vicnet.net.au/~yhacycle
- e-mail: yhacycling@yahoo.com.au
- telephone: Call Claire 9726 5421 or Jane 9525 6462
- mail: YHA Cycling, GPO Box 25A Melbourne Victoria 3001.

Also visit Clubnight on the Monday before each weekend ride except public holidays (check first that the leader will be there). Clubnight venue is the YWCA building 489 Elizabeth Street Melbourne