

BOROONDARA

Bicycle Users Group

Newsletter November 2004

Boroondara BUG meetings are on the 1st Wednesday of each month, except January. Next meeting: 7.30pm Wednesday 3rd November at Swinburne, Hawthorn Campus, TD building (between Park and Wakefield Streets) room TD246. Prior to the meetings some Boroondara BUG members meet for dinner at 6pm at the Sara Pizza House, 659 Glenferrie Road, Hawthorn. – all are welcome to join us there.

The Boroondara BUG is a voluntary group working to promote the adoption of a safe and practical environment for community and recreational cyclists in the City of Boroondara. We have close links with the City of Boroondara, Bicycle Victoria, Bicycle Federation of Australia and other local Bicycle Users' Groups.

Boroondara BUG has a web site at <http://home.vicnet.net.au/~bdarabug/boroondarabug.htm>

that contains interesting material related to cycling, links to other cycle groups and recent Boroondara BUG Newsletters.

We also have two Yahoo Groups:

Send a blank e-mail to BoroondaraBug-subscribe@yahoogroups.com to receive this monthly newsletter and occasional important messages.

Send a blank e-mail to BoroondaraBugDiscussion-subscribe@yahoogroups.com to monitor or join in an ongoing discussion of bike related issues both local and general.

All articles in this newsletter are the views and opinions of the authors and do not necessarily represent the views of any other members of Boroondara BUG. All rides publicised in this newsletter are embarked upon at your own risk.

Features

Becoming an Angel!

It was a great experience becoming a cycle angel. It all began when I received an email from BV and decide to volunteer, but with trepidation about the early time I was expected to be on the track! Soon after my vibrant yellow shirt, wings, halo and wand arrived in the mail! I had to keep them away from my grandchildren to make sure they were in one piece on the Ride to Work day.

We had a training session at the Trades Hall, which was an experience in itself just finding the meeting! I rode my bike in with just my handbag and was faced with transporting all the clobber from the RACV home again. Fortunately a long time friend from Melbourne University bush walking days, Dawn Kneen, was also volunteering and took home my share of maps, cards for Bike Assist and flags.

On the day, I was awake at 4am so getting to the assigned point by 6am was no problem. Dawn met me there and we set up on Anniversary Trail crossing on Burke Road, with our silver and gold wings, wands, halos and tool kits! Just about everyone on the bike trail stopped to talk and collect the freebies.

Comments like "Don't you two look wonderful" inspired us to keep our smiles wide. Initially our customers were walkers and their dogs but soon the bike riders started. Our only service call was to lend a screwdriver to a man to tighten his pedal!! Many motorists smiled as they drove past and others just looked totally puzzled at the well worn angels on the track. Unfortunately we did our job too well and left our spot too late to arrive in at Federation Square for the group photo but we enjoyed the breakfast supplied by the City of Melbourne, chatting in the sun. A wonderful experience.

I had also volunteered to be available to the media and had a photo in the Leader Newspaper with an article about the Ride to work Day and the RACV Bike Assist program. I have been astounded how many people read the local paper but delighted with the response – a chance to talk about my passion with many more people.

Janet Bennett

Belle Vue Bikeathon

On Friday my daughter's primary school, Bell Vue, were having one of their many fundraising events. Originally in the planning it was to be a walkathon, but a couple of parents on the PTA ('guilty as charged, yer onna') said "Why not make it a bikeathon?"

So, the morning arrives, myself and larger one ride down (younger one with wife in car to bring spare bikes and myriad tools, etc). The usual parking/dropoff chaos is noticeably gone about the gates as many have also ridden either alone or with accompanying parents.

Someone has wisely organised designated areas for the various grades to park their bikes. The assembly area starts to look like a triathlon transition area (no speedos or tri bars in sight though). The ride is due to start at 11 (between 'little lunch' and 'lunch' ? Oh that takes me back...) So me and a couple of other parents are on mechanical duty. Oh the horror! Never... have so many bikes, given so much (angst) to so few...

Loose headsets, non-existent brakes, wobbly wheels, deflated tyres, but only one flat tyre. Lots of very loose chains on the Single Speeds and many, many brake levers inoperable by small hands...One bottle of tri-flow lube later and all that could be done was. The masses start to appear and gaggle. Teachers do their 'thing'. Somehow they have this mysterious control over the kids that somehow only works inside the school gates as it is seemingly not present at home

Two courses have been mapped out. A smaller, flatter and easier to marshal/help/encourage route about the school grounds for the grade 2 and unders (more tassles and spokey-dokes there never have been...) and a longer, more arduous route out along the bike path Between Bulleen Rd and Elgar Rd-North Balwyn to Elgar Park basically). And so it went. A pearler with the weather, the kids had a ball, I was well-and-truly-worn out by the end of it all and only one spill to report.

Approx 190 out of 220 students on bikes, approx 20 scooters and a few who ran (a few seemingly faster than their wheeled compatriots!) Lots of cordial and snags devoured afterwards but the best bit of the whole day for me was the enthusiasm of not just the kids but the teachers and parents who had seemingly 'discovered' cycling for the first time and realised how cool the bike path running right past the back door of the school is. Many said how easy it would be to ride to school in future!!!

My favourite moment/s...Seeing one little girl go by wearing an Ozzie lycra top on with 'Anna Meares' across the shoulders. And the starting announcements where a parent on the microphone/hailer proclaims in almost Nuremberg-rally-style voice. "Vair will be zome roools! No.1 You veel have fun!"

Jason den Hollander

General News

Planned Mitcham – Frankston Bike Path

While some of us may be less than enthusiastic about the prospect of yet another freeway there was good news for cyclists when final plans for the Mitcham – Frankston Tollway were announced on 14th October. The tollway will feature a 40km shared path for bicycles and pedestrians. A series of parks is also part of the plan so the ride should be quite a pleasant one. The road is expected to open in November 2008.

Delahunty Pedals Cycle Solution

Media release from the Minister for Planning, Tuesday, October 5, 2004

Most new commercial, retail and multi-storey residential buildings will be required to provide bicycle parking as well as showers and change rooms for cyclists, the Minister for Planning, Mary Delahunty, announced today.

Ms Delahunty said she had amended the Victorian Planning Provisions and all of the state's planning schemes to introduce the groundbreaking provisions, which for the first time put cycle transport on an equal footing with cars. The provisions come into force tomorrow, Wednesday October 6.

"Better facilities for cyclists is one of the initiatives of Melbourne 2030, the Government's plan to protect Melbourne's liveability now and for the future," Ms Delahunty said. "Cycling currently accounts for around 2 per cent of all trips in Melbourne but its potential is enormous," she said. "It is a clean and healthy travel choice. But lack of bike parking and end of trip facilities is a significant barrier to people cycling more, particularly for people who want to ride to work. "These new provisions will require secure, accessible and convenient bicycle parking spaces and shower and change facilities in new buildings and those undergoing a change of use or extension. Combined with the Government's significant investment in bike lanes and off-road routes, it will provide a major boost to cycling in Melbourne."

The provisions apply to commercial, retail, community and educational buildings, including offices, shops, restaurants, hotels, markets, hospitals and sports centres. They set out the number of parking spaces and facilities required based on floor space and numbers of employees and visitors. The number of parking spaces, showers and change rooms will vary depending on building size. Small shops and offices under 1000 square metres are exempt. Large offices and retail buildings will require one cycle parking space for each 300 square metres of net floor area; while restaurants will require one parking space for each 100 square metres of public floor space.

The provisions have the backing of the Property Council of Australia, the Shopping Centre Council of Australia and Bicycle Victoria, which helped to draft the amendment. "The guidelines reflect the market reality. In every new building these days tenants are demanding these facilities. The provisions are a sensible response to market demand," the executive director of the Property Council of Australia (Victoria), Jennifer Cunich, said. Tomorrow, Wednesday October 6, is Ride to Work Day. Every day around 20,000 Victorians ride to work. On Ride to Work Day that figure is around 30,000.

Media Contact: Martin Curtis 9651 5799/0400 512 618 www.vic.gov.au

Victoria Shines in Bicycling Achievement Awards

Media release by Rosemarie Speidel – 0407 537 760

Victoria has featured strongly in the prestigious national Bicycling Achievement Awards announced tonight, winning awards for both community and business initiatives. The City of Yarra won the national award for Contribution by Local Government and Darren Murphy, project officer for the Murray to the Mountain Rail Trail, was named Cycling Advocate of the Year.

The Awards are run by the Cycling Promotion Fund (CPF), Australia's peak cycling promotion body, to acknowledge innovation, commitment and achievements in making Australia more bicycle friendly.

CPF program director Rosemarie Speidel said the City of Yarra was a national leader in making cycling as an integral part of transport, recreation, leisure and health programs. "This council provides innovative solutions to improve safety and convenience for cycling in general, but it does not stop there – it also encourage staff to ride both for getting to and from work and for actually doing their jobs," she said. "The

Aged and Home Care and Youth Services staff use bicycles to visit their clients and the open space staff use bicycles for site inspection – and 80 per cent of the councillors themselves are regular bicycle commuters. “It is no coincidence that the City of Yarra has the highest level of bicycle commuters of any local government area in Victoria, and one of the highest anywhere in Australia.”

Ms Speidel said Darren Murphy had earned his title as Cycling Advocate of the Year (professional) for going far beyond the call of duty in his role as project officer for the Murray to Mountain Rail Trail, which runs from Wangaratta to Bright. “Darren is one of those people who always goes the extra mile, and he has ensured that the Murray to the Mountain Rail Trail is today Australia’s premier rail trail,” she said. “He is a passionate advocate for rail trails locally as well as nationally, and for his own rail trail he has adopted innovative promotion and marketing strategies to attract more people to the beautiful region of north-east Victoria. “Thanks to his work, thousands of Australians have enjoyed the pleasures of cycling on a rail trail, and without doubt many thousands more will do in the future.”

Winners of the Third Annual Bicycling Achievement Awards are:

- Cycling Advocate of the Year (professional) - **Darren Murphy**, Project Officer, Murray to the Mountain Rail Trail
- Cycling Advocate of the Year (honorary) - **Maureen Merrick**, Bicycle South Australia
- Contribution by a Politician - **Allanah MacTiernan**, WA Minister for Planning and Infrastructure
- Contribution by a Cycling Organization - **Bicycle Queensland**
- Contribution by Local Government - **City of Yarra** (Victoria)
- Innovation by a Bicycle Retailer - **Epic Cycles**, Queensland
- Bicycle Friendly Business – **SA Department of Primary Industries and Resources**
- Special Achievement in Cycling - **Senior Constable Libby Bleakley**, NSW Police, Ride 4 Respect Crime Prevention Program

Events

Great Southern Rail Trail Weekend

Friday 12th, Saturday 13th and Sunday 14th November 2004

3 planned events:

1. **Saturday evening:** Train Ride Leongatha to Nyora with jazz band, wine tasting, carvery roast dinner, raffle and art auction. \$60 adult, \$25 child
2. **Early Sunday Morning:** Train ride starting at Leongatha, breakfast at Korumburra Railways Restaurant and live music. \$45 adult, \$20 child
3. **Sunday 10am:** South Gippsland Conservation Society walk led by Dr Mary Ellis to visit rare blue gum bush. Start at Lintons Road on the rail trail, walk to the road bridge near Hoddle and Mt Nicll turnoff to Lowrys road for BYO lunch. Free!

For further information and bookings phone: 5662 2828 or 0428 949 404, or visit www.sgca.net/railtrailweekend

In Box

Dear fellow bike rider and walker,

I would like to tell you about our second Rotary River Ride which is a community bike ride that my Rotary club is organising on Sunday 21st November to raise money for the Olivia Newton-John Cancer Centre at the Austin Hospital and other Rotary community projects.

It is starting and finishing at Hays Paddock in Kew and it follows the fantastic bike paths that wind their way around the Yarra up to the back of Eltham. There are 3 different ride lengths and there will be entertainment and music at the conclusion of the ride at Hays Paddock. It is NOT a race, but simply an opportunity to participate in a community bike ride around some of the best bike paths in the world!! More information plus registration forms are available at www.rotaryriverride.com.au

There is an opportunity to win a \$500 bike for all pre-registrations, however you are welcome to just turn up on the morning if you feel like it.

Please feel free to pass this note/web site on to any friends or work colleagues who are interested in bike riding. If you are willing to put a poster up at your work to promote the event please email us back and we will send you an A3 size poster of the flyer and map.

Look forward to seeing you on the 21st November.

Kind Regards,

Michael Barden

Rosemary Kelly & Michael Barden

Phone / Fax : +61 3 9817 5832

Classifieds

Jacket for Sale

As new (never worn) Netti Aquashield water resistant breathable jacket.

- Colour: yellow and black
- Size: large
- Price: \$40
- Contact: Elva Parker, phone: 9836 6392

Boroondara News

BV Local Elections Workshop 23rd October 2004

The workshop was attended by 7 would be campaigners from several different BUGs and by three BV staff members, Harry Barber, Bart Sbeghen and Mary McParland. Harry began the workshop with some general introductory remarks about funding sources for cycling facilities and BV's approach to maximising these. Then Bart provided a brief Powerpoint presentation on previous local council campaigns and the factors he believes make such campaigns successful. This was followed by discussion of proposed campaigns for the forthcoming council elections in selected municipalities including Darebin and Boroondara.

The plan of action agreed on is as follows:

Week 1, 25-31 October

BV will email all residents of the selected municipalities listed in its database, which includes not only BV members but other interested people such as those who have participated in BV events. These people will be sent a short list of issues relevant to their municipality agreed on at the workshop. They will be asked to rank the issues raised in order of their importance to them, and to list any other local cycling issues they are concerned about.

The three issues agreed on for Boroondara residents are:

1. Completing the link from the Main Yarra Trail to Darebin Creek Trail including connection through Willsmere Chandler Park.
2. Completing the bike lane network on main roads ie the Principal Bicycle Network
3. Completing the gap in the Gardiners Creek Trail from Ashburn Grove to Warrigal Road including the underpass under Warrigal Road

The aim of this mailout is to select the issue of greatest importance for cyclists in the municipality. This can then be used as a test of council candidates' commitment to improving cycling facilities and BV can claim in publicity that it is supported by a specific (hopefully large) number of residents

BV will collate responses from the mailout and select the key issue to be used in each municipality. All council candidates will be emailed regarding this issue and warned to expect a phone call asking for their response which will be made known to all residents on the BV database and to the local newspaper.

BV will also email guidelines and possibly a suggested script for the phone interviews to those who have agreed to do them from home.

Week 2, 1-7 November (note that Tuesday 2/11 is Cup Day and many people will be away on the Monday as well)

Volunteers will phone all council candidates and ask them whether or not they are prepared to support the chosen project. These phone calls will also be used to introduce the BUG to the candidates and hopefully to establish dialogue with those eventually elected. However they will not be used for campaigning.

Results of phone interviews will be emailed to BV for collation.

Week 3, 8-14 November

BV will again email all residents of the selected municipalities with the results of the survey so they can be guided by this in casting their votes. They will also contact local newspapers with this information in hopes of additional publicity for the survey results.

A final point made at the conclusion of the workshop was the need to follow up after the elections with further contacts to successful candidates. Those who supported bike projects need to be held to their commitments, and those who didn't converted. Survey results can be used to generate further publicity.

BBUG News

Minutes of Boroondara BUG Meeting 7.30pm Wednesday 6th October 2004, Swinburne Room TD246

Present: Graeme Stone, David Leong, Jason den Hollander, Graham Ellis, Julia Blunden

Apologies: Phil Crohn, Marion Green

Welcome to new member: Councillor Heinz Kreutz

Correspondence:

1. **4 Steps for Life – CPR training** will be offered by Boroondara Council in association with Ambulance Victoria on Thursday 28/10, 7-8.30pm in the meeting room at Canterbury Memorial Home Units. RSVP Alison Ferrari at BCC, phone 9278 4722, by Monday 25/10. GS to ring and check how many per community group may go and what obligations are incurred by participants and report findings on the BBUG Discussion Group.

2. BBUG has received an invitation to attend the second workshop for the **Yarra River Valley review of policies and planning controls** by the DSE, which will be held on Tuesday 26/10, 7.30-9.30pm, at the Richmond Town Hall. GS attended the first workshop held in July. This is an important project as the area being reviewed – between Punt Road and Burke Road – includes the Darebin Creek – Main Yarra Trail link. It was suggested that Phil Crohn might be willing to represent BBUG at this meeting.
3. BBUG also received an invitation to attend a City Of Boroondara workshop on 12/10 for boards and committees on how to comply with the law. It was decided that this was not relevant for BBUG.

Matters Arising from the minutes

1. **Travelsmart Maps:** The Boroondara draft map has been returned to Damon Rao with the combined input of the BBUG members who attended the special meeting at PC's place and Rosemary West.
2. **Possible Survey of BCC Candidates:** BV are still planning to run a workshop on the subject, 5-8pm 23rd October at the Royal Exhibition Building after the Australian Cycling Show. However some doubt was cast on BV's ability to carry out their plan to do the surveys of local council candidates given that this is such a busy time of year for them. It was agreed that if BV are not able to do the survey we will still go ahead with it.

The list of council candidates with contact information should be on the BCC web site on 27/10, the day after nominations close. There are then four steps that BBUG needs to go through to successfully perform this job:

1 Candidates will then have the agreed list of questions (see BBUG Discussion group for final version) emailed to them (say 28/10) and be asked to respond within a week

2 Follow up by phone where no response received. Say 5-6/11.

3 These responses will then be summarised where necessary, say 7-8/11 and

4 Publicised by various means including: posting to the BBUG web site; a letter to the Progress Leader and if possible a story; a notice on the BBUG Yahoo group; and a BV email to all Boroondara members if possible.

Volunteers will be needed to help with these tasks.

Note that this plan will now need to be reviewed in the light of the BV workshop – see report above. Ed.

3. **Web Site:** The new web site is now online and is 95% complete. Images are still to be added and email addresses for the hazard report form are still to be registered by Vicnet. GS suggested that if possible a generic email address for the BCC Traffic and Transport team would be preferable to a personal one as personnel change and offered to check this with Evan Boloutis. Some changes to the wording on the campaigns page were also agreed on.

Other Business

1. **Bicycling Australia Show 23&24 October, Exhibition Building.** JD offered to staff the Yarra BUG stand from 12-3 Saturday and JB will do so from 3-5 Saturday. PC has indicated that he may be able to do a stint on the Sunday. Some further minor changes to the flyer were agreed on. JB to make changes and email to DL who will arrange printing of 200 copies and deliver to Chris Star. JB to contact Chris Star to enquire about free passes for those staffing the stall.
2. **Christmas Barbecue.** Because at least two BBUG regulars will be away on the GVBR on the first Wednesday of December it was agreed to shift the BBUG barbecue to the second Wednesday, 8/12. JD agreed to host the barbecue at his place – 34 Tuxen Street, North Balwyn.

3. **Integrated Transport Strategy.** With the departure of Kerry McConnell it seems that this may have lapsed. The draft report due early this year has still not appeared. JB to contact John Nevins to make enquiries about the status of the strategy.
4. **Prospect Hill Roundabout.** GS alerted us to plans to build a roundabout at the intersection of Byron Street and Maling Road. He was not sure whether responsibility for the project lies with VicRoads or BCC. Roundabouts can be very problematic for cyclists. However a solutions kit has been devised. GS will follow up the planning side with VicRoads or Council and GE offered to look at Bicycle Friendly Traffic Treatments on the Bicycle Victoria website
5. **Letter in Progress Leader critical of bike lane on Balwyn Road.** GS agreed to prepare a reply and send this to the Progress Leader.

Notes by Julia Blunden

Contacts for Rides

There are many BUGs, clubs and other organisations, several of them local, which organise rides. Below are some of their contact details. At the end of this newsletter is a separate section with details of many of their forthcoming rides.

Camberwell Downhill Gourmet Bike Riders: contact Elva Parker, phone: 9836 6392

Boroondara Bushwalkers: contact Julia Blunden, phone: 9853 5095, e-mail: jblunden@bigpond.com; web site: www.keypoint.com.au/~bbwinc

Hawthorn Cycle Tours: contact Hawthorn Aquatic and Leisure Centre, phone: 9815 0988; e-mail: lexbishop@bikerider.com; website: <http://www.geocities.com/perften/Hct.html>

Council on the Ageing (COTA) Cycling Group: contact Janet Bennett, e-mail: janpeter@bigpond.net.au or COTA, phone: 9654 4443.

Knox Bicycle Touring Club Incorporated, email: Email: Mikeaatleisure@aol.com Web site: home.vicnet.net.au/~knoxbike

Manningham BUG: e-mail: seball@netlink.com.au, H.Edwards@bom.gov.au; web site: www.vicnet.net.au/~mannbug

Maroondah Bushwalking Club: to obtain details of how to book on a walk and a copy of the current walks and activities program Contact **information officers:** Sandra, phone: 9728 3833; Aileen, phone: 9876 1104; web site: home.vicnet.net.au/~mbush/

Whitehorse Cyclists: e-mail: ejhopper@vicnet.net.au; web site: home.vicnet.net.au/~wcycle

Darebin BUG: Rides and Events Coordinator, Doug Morffew, phone: 9499 7325 (AH), email: dougmorf@alphalink.com.au Download the [Darebin BUG rides flyer](#), with details of rides. (Word doc); web site: www.darebinbug.org.au

YHA: contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

Melbourne Bicycle Touring Club: contact Touring Secretary, Dave Cash, phone: 9817 3269, or e-mail info@mbtc.org.au (Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!) Web site: mbtc.org.au

Boroondara BUG Contacts:

Convenor:

Graeme Stone, 16 Jervis Street, Camberwell
VIC 3124. Phone: 9889 5426
e-mail: graeme_stone@optusnet.com.au

Newsletter editor:

Julia Blunden, phone: 9853 5095
e-mail: jblunden@bigpond.com

Webmaster:

Jason den Hollander
email: jadenhollander@deloitte.com.au

Other Contacts:

Phil Crohn: philcrohn@ozemail.com.au
David Leong: leongd@anz.com

Boroondara Bicycle Users Group

Membership Form

Name: _____

Address: _____

Postcode: _____ Member of Bicycle Victoria? Y / N

Phone: (H): _____ (W): _____

e-mail: _____

Membership requires a one-off payment of \$10 per household. There is an additional charge of \$10 per annum for delivery of a hardcopy newsletter. Please send cheque (made out to *Graeme Stone*) along with this form to: Graeme Stone, 16 Jervis St , CAMBERWELL, VIC 3124

Past and Forthcoming Rides

Camberwell Downhill Gourmet Bike Riders

Next Ride Sunday Sunday 21st November 2004

WHERE: Williamstown to Aberfeldie Park, Poynters Nursery & Café for afternoon coffees and return via train from Essendon.

MEET: Meet at 12 noon at Williamstown Market, east end corner of Nelson Place and Syme St. – opposite Gem Pier. [Melway's Ref: 56 D/E- 9/10]. You can train to Williamstown via Newport or team up with someone for a ride as on previous rides perhaps via Southbank and the punt. To increase your ride distance (for those in training for the GVBR) you could take the train to Altona and ride back to Williamstown.

RIDE: The popular Williamstown Market is on this Sunday. Hence the late start so that you can enjoy the market atmosphere and purchase some goods beforehand. Put your thinking caps on and get in early with your Christmas shopping?

At noon we will ride north along the foreshore by the Strand and pick a spot for lunch with views across the Bay. Then along the Maribyrnong River shared path under Footscray Rd, past Flemington Racecourse, Fairbairn Park to Aberfeldie Park. By now you will have earned a coffee at Poynters Nursery & Café. After refreshments you have the option of riding to either Essendon or Moonee Ponds railway stations. Flat all the way on good bike paths.

REFRESHMENTS: Available at Williamstown and Poynters or BYO.

PUBLIC TOILETS: Are located at a number of places along the route.

ENQUIRIES: Alan and Lee – phone: 9830 0077

OCTOBER RIDE:

19 riders enjoyed the most interesting route with Jack alerting us to interesting locations such as a pioneering solar house. Jack also showed how we could put the bike lanes on Blackburn Road, Hawthorn Rd and Terrara Rd to good use before relaxing in the Tim Neville Arboretum for lunch. A very pleasant day. Thanks to Jack for a great ride.

Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website: <http://www.geocities.com/perften/Hct.html> or e-mail: lexbishop@bikerider.com

Sassafras Ride

Every Sunday all year

Starts at "Bike Life", 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30 am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00 am and leaves Sassafras by 9:30 am Arrives back in Hawthorn around 10:45 am.

Distance under 70 kms from Hawthorn to Sassafras return (includes the 7 kms 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Café "Ripe", 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melways Ref. Map 66 F9.

Council on the Ageing (COTA) Cycling Group - Rides Program

Council on the Ageing members have started a cycling group for people who want to ride more and learn more about their bikes and riding, as well as for people just getting started.

The group rides each 2nd and 4th Wednesday of the month.

Meet at 10am at the location specified to begin the ride. If the weather forecast for the day is for a temperature over 30 degrees, the ride will start at 8am and conclude by midday. Bring your own lunch for a picnic together.

Most rides are on bike trails and are designed with beginner to intermediate in mind. Riders are welcome to join the ride along the way if it is closer to home.

Rides Calendar

Day/Date:	Wednesday 10 November 2004
Location:	We will ride the Lower Dandenong Creek trail to Carrum and return, approximately 60kms.
Start:	10am, meet at Jell's Park East, carpark 5 MEL 72 A6, or possibly ride there from Glen Waverley station.
Type of ride:	Easy, with some gravel.
Contact:	Janet Bennett or COTA on 9654 4443

Darebin BUG

Darebin BUG runs rides of distances approximating 10-20km every Monday, 40-60km on Tuesdays and up to 90km on Thursdays and a variety of rides of various lengths on weekends.

Unless otherwise stated, our rides meet at **Jika Jika Community Centre**, corner Plant & Union Streets, Northcote near Westgarth train station.

For information about any of these rides, contact the Rides and Events Coordinator, Doug Morffew , phone; 9499 7325 (AH), email: dougmorf@alphalink.com.au

Download the [Darebin BUG rides flyer](#), with details of rides. (Word doc)

Please note all rides are free to anyone who would like to participate. Some rides need train tickets, these are to be bought by the participant. A first aid kit is carried on each ride and emergency contact numbers are taken prior to the start of the ride. Darebin BUG has public liability insurance - please note this **does not** cover you or your bike. If that is something you're concerned about then best become a member of Bicycle Victoria so you will be covered by their insurance.

Monday Rides for Beginners

And those looking for short easy rides. Travel local bike paths around 10-20km. For more information, call 9481 8853.

Tuesday & Thursday Rides

Both are social rides largely on bike trails that conclude around 4 pm. Bring lunch & water.

Tuesday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.45am. They vary in length from about 40 to 60 km.

Thursday Rides

For experienced riders.

These rides leave from **Jika Jika Community Centre**, corner of Plant and Union sts, Northcote, at 9.30am sharp. Rides can be up to 90km.

Saturday Market Rides

Beginners and families welcome.

Saturday 6th November, ride to Bundoora Farmers Market, 30km return. Meet at Jika Jika Community Centre 10:00am start. Contact Sean 9457 6626.

Sunday Rides - Varying Distances & Locations *Some for beginners, others for experienced cyclists.*

9-11am (ish) Sunday Boulevard Or Bust

For experienced riders.

Ride along the Yarra Blvd hills at a steady pace of around 20 k/ph. Distance: 30km +. Join us for coffee or brunch at Hugos after if you have time.

3rd Sunday of the month - a diverse program, some rides local and others involving public transport.

November 14th - Werribee River and Point Cook Coastal Park to Altona.

GRADE: MEDIUM

40 - 50km (dependent on optional detours), using quiet roads and some bike paths. Many points of interest including Werribee Park with the Victoria State Rose Garden, river and coastal bird life, RAAF Base and aviation museum.

BYO lunch (option to purchase this in early part of the ride) and water. MET Daily ticket Zones 1 & 2. Meet 8.45am on Flinders St. Station Werribee Line Platform to catch the 9.05am train. Contact Doug 9499.7325 AH / 0409 956 913 if interested.

December 12 - Yarra Ride to Bell Bird Park - evening B-B-Q

More details soon.

Manningham BUG

Rides are subject to change so always phone the ride contact close to the date of the ride to confirm details.

Mid Week Rides. There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

Weekend Rides Calendar

DATE	RIDE/ACTIVITY	GRADE	CONTACT	MEET AT...
November				
Sat 6th	Nagambie wineries Start at Nagambie, take in Chateau Tahbilk & Mitchelton wineries, picturesque country riding, some unsealed roads. This ride is as per BV news June 2003	40km Easy	Gary 9439-5016	10.30am town center
Sat 13th	Buddies on Bikes - Manningham Mens Health Week Ride We are running a ride for Manningham Council around Ruffy Lake and a bit more. Volunteers are needed - nothing harder than riding and encouraging really. Our 'ad' says' Bring your kids on an easy 10km bike ride. Learn how to fix a 'flat' and lubricate a chain together. Cost: \$10 per person, first child FREE So we will demo a puncture repair and a little chain lubing too.	10km Very Easy	Gary 9439-5016 9.30am - 11.30am	9am for members Ruffey Lake Park, Victoria Street carpark Mel 33 J10
Mon 15th,	BUG Monthly Meeting, The Manningham Club 1 Thompson's Rd Bulleen		Harv 9890-8006	8pm Mel 32 D10
Sun 21st	MTB ride around the single tracks of Heidelberg near the Yarra - <i>to be confirmed</i>		John B 9878-4179	

Up-Coming Rides:

Warburton - by request
Port Melbourne to Williamstown using the Punt

Rides wanted for October Sun 17th, November Sun 21st
[Email me](#) with suggestions please.

Whitehorse Cyclists Inc

Calendar of Events Spring – Summer 2004

Date	Event	Distance	Grade	Contact
Do you need to be a member to join in a ride? No! Try out some rides first. Just phone the nominated leader for more details. .				
Thurs 28 Oct	Edwards Lake, Coburg	55	Med	Elsa 9849 0131
More cycling opportunites in our area: Graeme's message board				
Sun 31 Oct	Warburton Rail Trail	80/60/40	Easy/Med	Graeme 9571 0671
Thurs 4 Nov	Watergardens - Brimbank - Box Hill	60	Med	Keith 9857 5805
Sun 7 Nov	Brunch on Beaconsfield Parade	20	Easy	Lesley 0418 509 043
Tuesday 9 November at 8 pm: AGM & Club Night: Box Hill Community Arts Centre Station Street Box Hill Mike 0407 509 048				
Thurs 11 Nov	Mystery ride	45	Med	Mike 9859 3647
Thur 11 & Fri 12 Nov	Around the Bay in Two Days	68 and 48	Med	Bruce 9848 4804
Sun 14 Nov	Lock stock and barrel at Sth Gippsland market		Med	Mike 0407 509 048
Tues 16 Nov	Third Tues Easy Ride	30 max	Easy	Ken 9801 7157
Thurs 18 Nov	Practice for Great Vic BR (Box Hill - Carrum)	100	Med/Hard	Mike 9859 3647
Do you need to be a member to join in a ride? No! Try out some rides first. Just phone the nominated leader for more details. .				
Sat 20 Nov	Gisborne			Simon W 9888 5552
Thurs 25 Nov	Woodlands Homestead - Zoo	50	Med	Keith 9857 5805
Sun 28 Nov	Whitehorse Rally	40	Easy	Christine 9890 6958
Thurs 2 Dec	Diamond Creek via Ruffey's Lake	45	Easy	Elsa 9849 0131
Thurs 9 Dec	Bellarine Peninsula from Geelong			Jacques 9497 2306

Tuesday 14 December at 8 pm: Club Night: Box Hill Community Arts Centre Station Street Box Hill Mike 0407 509 048

Thurs 16 Dec	Christmas Lunch Launching Place Hotel		Easy	Ken 9801 7157
Tues 21 Dec	Third Tues Easy Ride	30 max	Easy	Ken 9801 7157
Thurs 23 Dec	Oakleigh/Rosstown	45	Easy	Bob 9874 5078
Thurs 30 Dec	Fitzroy Gardens	45	Easy	Graeme 9848 5127
Thurs 6 Jan 2005	Williamstown	55	Easy	Bob 9874 5078
Thurs 13 Jan	Stony Point -Frankston	60	Med	David 9890 3634
Tues 18 Jan	Third Tues Easy Ride	30 max	Easy	Ken 9801 7157
Thurs 20 Jan	Churchill National Park	50	Med	Doug 9802 6702
Thurs 27 Jan	Croydon-Bayswater-Ringwood	45	Easy	Doug 9802 6702
Thurs 3 Feb	Mordialloc	50	Med	Ken 9801 7157
Thurs 10 Feb	Royal Botanic Gardens	45	Easy	Keith 9857 5805

Melbourne Bicycle Touring Club

We are based in Melbourne, Victoria and conduct rides (or events) every weekend. We are a diverse collection of people with a common interest in cycling - cycle touring in particular. Please feel free to join us!

MBTC Rides and Events Program: October-December 2004

	November		
Thur 4th	Packing for a camping trip		Dave
Sat 6th	Boathouse - Outer Circle - Boathouse	35 km Easy	Joe Kenwright
Sun 7th	Dandenong Ranges loop	70 km Hard	Peter Medforth
Weekend 6/7th	Ballarat - Geelong via Brisbane Ranges	90 km Hard	Gerry Cornish
Thur 11th	Ellen for a Pilates Session		Gail
Sat 13th	Come and ride the Old Sale Road - the back roads of Gippsland are scenic & quiet	100 km Hard	Kerry McLinden

Sun 14th	Nillumbik artists Open Studios ride	20 km Easy/Artsy	Geoff Collis
Sun 14th	Diamond Creek - Eltham Lower Park (via Eltham North adventure playground to Eltham miniature railway)	15 km Easy child friendly	Norm Appleby
Mon 15th	Club Lunch - Gopals		Norm Appleby
Thur 18th	Trip Planning		Alan
20/28th	Phillip Island Family Ride	Child friendly	Vanessa Goldsmith
Sat 20th	Hurstbridge to Kinglake (Masons Falls)	75 km Hard	Peter Boemo
Sun 21st	Mordialloc to Boronia	55 km Med	Phil Crohn
Weekend 20/21st	Foster Weekend - walk and ride	50 km ride 1/2 day walk	Christine Bland
Thur 25th	Mystery Night		Liz
Fri 26th	November Nosh		Gail Crennan
Sat 27th	Seymour - Broadford	70 km Hard	Liz Ennis
December			
Thur 2/12	Eureka 150th Anniversary		John
Weekend 4/5th	Lilydale to Moe via Noojee	130 km Med/Hard	Peter Boemo

For information on the above rides, please contact the Touring Secretary, Alan Hutchison, on (03) 9431 0458, or at rides@mbtc.org.au. Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!

About the Ride Gradings

Easy: Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

Medium: Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

Hard: Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

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YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

Visitors (whether members of YHA or not) are welcome to attend any of our rides or other activities. Please note that cyclists aged under 18 must be accompanied by an adult.

Spring Calendar

DATE	RIDE	GRADE	CONTACT
Sunday 7 th November	Mountain Bike ride - Lysterfield Park, followed by BBQ	Mountain	Rob
Sunday 14 th November	Merri Creek to Yarra Trail	Easy-medium	Mark
Sunday 21 st November	Lilydale Warbuton Trail	Medium	Anne
Sunday 28 th November	D & D ride - just the ticket for the hip single at Christmas!	Easy	Voula
Weekend 2-4 th December	Christmas Break up ride - Somers	Easy-Medium	Brendan & Marie
Sunday 12 th December	Christmas Picnic, and cycling treasure hunt	easy	Mark/ Voula

YHA contacts: Claire, phone: 9726 5142 or Jane, phone: 9525 6462; e-mail: yhacycling@yahoo.com.au; website: <http://www.vicnet.net.au/~yhacycle>

How to join our mailing list

Send a blank e-mail to YHA Cycling with 'subscribe' in the subject line.

Soon after, you will receive an e-mail asking you to confirm your subscription.

Reply to this e-mail and you're in.

E-mail addresses are kept private and are NOT broadcast to the masses.